



ST. JOSEPH'S CATHEDRAL

Church Notice

FOURTH SUNDAY OF LENT
~ 30th March 2025 ~

Tel.: 082-423424

Website: stjosephkuching.org

Email: sjcoffice@yahoo.com.my

THE SECOND COLLECTION this week is for the **Archdiocesan Curia & Cathedral Pastoral Centre Operations & Maintenance Fund.**

PARISH LENTEN PROGRAMMES (in English, Bahasa Malaysia & Mandarin) are available on the Parish website for easy reference.

C.W.S. LENTEN APPEAL ENVELOPES & BOXES are available at the Church entrances. Parishioners are encouraged to do charity and almsgiving during the Lenten season.

Parishioners may donate to C.W.S. via **S Pay Global** by scanning this QR code. Verify that the recipient is 'Catholic Welfare Services' before confirming the transaction. Donations can also be made via **online transfer or cash deposit** to the following:



Catholic Welfare Services

Catholic Welfare Services Council Sarawak
Maybank Bhd Account Number: 511234019806

Please contact or WhatsApp **Ms. Angelina William Hp: 010-6581641 / Tel: 082-241407** once you have made the donation. Tax exemption receipts will be issued upon request.

GAZETTED PUBLIC HOLIDAYS - The Parish Office and SJC Counselling Centre will be closed on Monday and Tuesday, **31st March & 1st April.**

For sick calls during public holidays and after office hours, please call 016-8922633. During normal office hours, please call the Parish Office at 082-423424.



ARCHDIOCESE OF KUCHING PILGRIM'S PASSPORT 2025

As an official pilgrimage centre of the Archdiocese of Kuching, St. Joseph's Cathedral welcomes you to deepen your faith, encounter God, and walk as a Pilgrim of Hope.



1. Collect a passport here if you don't have one. *(Love offering appreciated)*
2. Use the stamp provided to mark your passport.
3. Keep your passport safe as a record of your pilgrimage journey.



This passport accompanies you on your Jubilee 2025 pilgrimage—a journey of faith, renewal, and encounter. As a Pilgrim of Hope, may it guide you in embracing God's mercy, deepening your trust in His promises, and sharing His love with the world.

JUBILEE YEAR OF HOPE 2025 - ARCHDIOCESE OF KUCHING PILGRIM'S PASSPORT are available at the Holy Door for parishioners and pilgrims visiting the Cathedral. **The Pilgrim's Passport** is a prayer guide for pilgrims to record their visits to the various pilgrimage centres in the Archdiocese (*using the stamp chop available*). **A Prayer Petition Box** is available for pilgrims to submit their personal prayer intentions. Pilgrims are also encouraged to support the Cathedral via the **Love Offering Box** located at the main entrance (*near the Holy Door*).



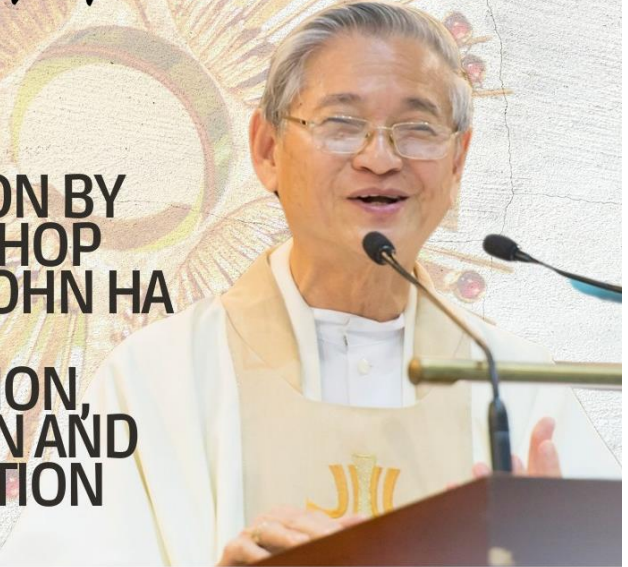
JOIN US IN PRAYER, REFLECTION AND WORSHIP

NOVENA OF HOLY HOURS

Praying with Mark's Gospel

REFLECTION BY
ARCHBISHOP
EMERITUS JOHN HA

EXPOSITION,
ADORATION AND
BENEDICTION



ST JOSEPH'S CATHEDRAL KUCHING, SARAWAK
EVERY TUESDAY 11 FEBRUARY - 8 APRIL 8:00PM - 9:15PM

NOVENA OF HOLY HOURS WITH REFLECTION: 'PRAYING WITH MARK'S GOSPEL'

is led by Archbishop Emeritus John Ha on ***nine consecutive Tuesday evenings*** from **11th February till 8th April, 8:00 pm to 9:15 pm** in the Cathedral. All are invited to join this Novena with Exposition, Adoration and Benediction to experience a renewal of faith and hope in Christ in this Jubilee Year.

MID-DAY MASS is celebrated ***every Friday in Lent, 12:30 pm*** at the **Carmelite Chapel**. Do come and spend some time to pray during your lunch break.

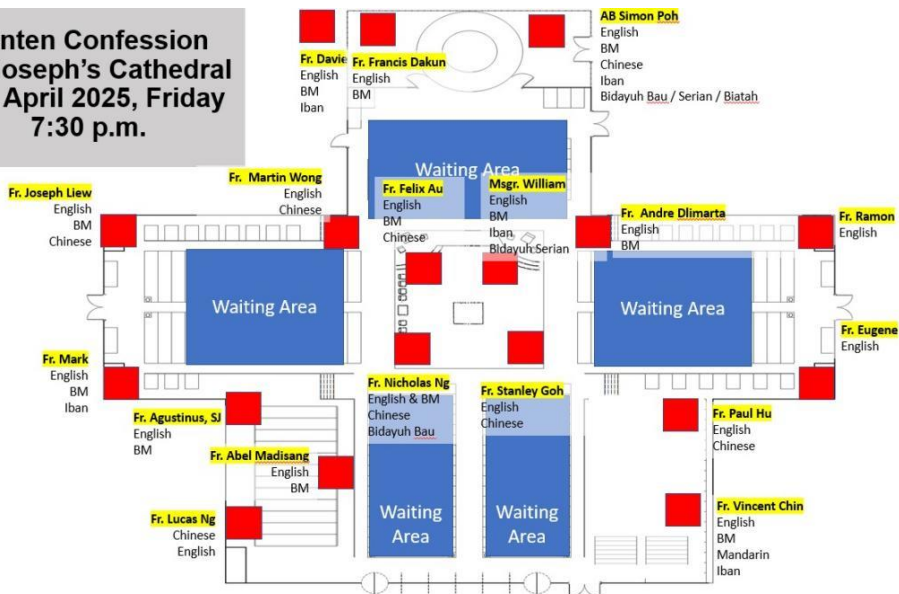
STATIONS OF THE CROSS is held ***every Friday in Lent*** at the Cathedral as follows:

- 2:30 pm Stations in Mandarin, followed by Holy Mass at 3:00 pm.
- 5:30 pm Stations in English, followed by Holy Mass at 6:00 pm.

Parishioners coming for the 5:30 pm Stations of the Cross and staying on for the Mass at the Cathedral are reminded **NOT** to double-park or block vehicles of fellow parishioners who may wish to leave after the Stations of the Cross.

COMMUNITY MASS for the Bread of Life Catholic Charismatic Covenant Community (BoL) (initially scheduled on 28th March) has been postponed to Friday, **4th April** from **7:30 pm to 9:30 pm** at the Cathedral. All are encouraged to come and support these outreach efforts and do invite your friends.

Lenten Confession
St. Joseph's Cathedral
11th April 2025, Friday
7:30 p.m.



LENTE PENITENTIAL SERVICE (CONFESSION) for Kuching city parishes will be held at the following venues:

Date (Day)	Time	Venue
7 th April (Monday)	7:30 pm - 10:00 pm	St. Peter's Church, Padungan
8 th April (Tuesday)		Blessed Sacrament Church, BDC
9 th April (Wednesday)		Sacred Heart Church, Kota Sentosa
10 th April (Thursday)		St. Mark's Church, Batu Kawa
11 th April (Friday)		St. Joseph's Cathedral, Kuching

In view of the above, the 7:30 pm Holy Hour at the Carmelite Chapel will be **CANCELLED** on Friday, **11th April**.

Lent:

A WAY OF HOPE



LENTEN REFLECTION SESSIONS BY FR. STANLEY GOH, SJ
ST. JOHN AND ST. LUCY ROOM, ACCPC, KUCHING
12 MARCH | 19 MARCH | 26 MARCH | 9 APRIL 2025
TIME : 8.00 PM

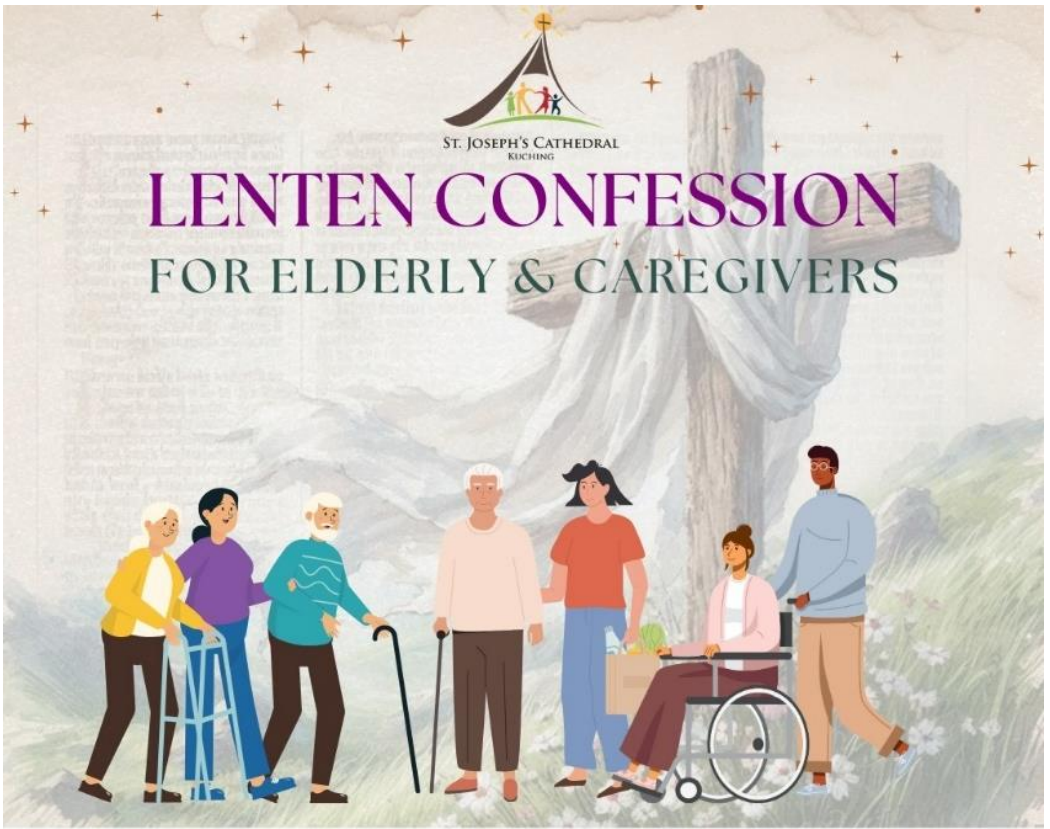


ORGANISED IN COLLABORATION WITH THE DEVELOPMENT OFFICE OF
THE SOCIETY OF JESUS (THE JESUITS), MALAYSIA-SINGAPORE REGION

LENTEN REFLECTION WITH THE THEME 'LENT: A WAY OF HOPE' by Fr. Stanley Goh, SJ will be organised in collaboration with the Jesuits on Wednesday, **9th April, 8:00 pm** at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C.. All are welcome!



LENTEN CONFESSION FOR ELDERLY & CAREGIVERS



ST JOSEPH'S CATHEDRAL KUCHING, SARAWAK

14 APRIL (MONDAY)

8:30AM - 10:00AM

LENTEN CONFESSION *specifically for the elderly and their accompanying caregivers* will be held on Monday, 14th April from 8:30 am till 10:00 am at the Cathedral.

ONLINE REGISTRATION FOR MASS OFFERING (MO) & COMBINED REQUIEM MASS (CRM) - Parishioners may offer Mass online via the below links:

Type	Link
Mass Offering (MO)	https://forms.gle/APkbscLMAG2Bcd7F9
Combined Requiem Mass (CRM)	https://forms.gle/yNixf4JrhMN61Z9h9

To offer Mass, parishioners can also visit our Parish website: <https://stjosephkuching.org>. If you face any difficulty registering using the above link, please email your queries to sjcoffice@yahoo.com.my and our admin staff will revert soonest.

Mass Offering (MO) intentions will be offered by our priests privately on a daily basis except on Sunday. *Any request for a mass to be said for your prayer intention on a 'specified' date must be submitted to the Parish Office **at least one week in advance**. Otherwise, your prayer intentions will be offered up at any time (at the discretion of our priests).*

Intentions for **Combined Requiem Mass (CRM)** in **April** will be offered on Monday, **28th April** (instead of Friday, 25th April which is within the Easter Octave). Please send in your CRM form with proof of payment by Friday, **25th April before 12:00 noon**.

Note: The stipend (money) given by the Christian faithful for a Mass to be offered for a particular intention is not a fee but an expression of our gratitude to God and our contribution to the Church. Official receipts will be issued by the Parish Office accordingly.



CATHOLIC FUNERAL & BURIAL SERVICE - The **Catholic Mutual Benefit Society (CMBS)** of the **Kuching Archdiocese** provides assistance to bereaved families at the time of death. Their services include providing advice regarding Christian rituals, cemetery plots, columbarium, caskets, transportation, arrangement for funeral masses, wake prayers for the dead, etc..

For more information regarding membership or in time of need / bereavement, **Catholics are advised to contact the following persons for assistance** to avoid unnecessary hassle and confusion with regards to Catholic funeral rites and services:

CMBS Office: Beatrice Mary Goh (Tel: 082-244493)

On-call: Christopher Chin (Hp: 019-8563438)

HIS LAST COMMAND, OUR FIRST CONCERN



EVANGELIZATION TOPICS:

1. BIBLICAL MANDATE
2. DISCIPLINE
3. COMMUNICATION
4. STEWARDSHIP
5. LEADERSHIP
6. NEXT GENERATION
7. GOAL SETTING
8. CHURCH RESPONSE

HAGGAI SEMINAR FOR CATHOLIC LEADERS

To equip and inspire strategically positioned leaders to more effectively demonstrate and present the gospel of Jesus Christ and to prepare others to do the same.

WHY PARTICIPATE?

- Deepen your skills and grow your leadership in mission.
- Contextualize the principles and practices in our culture focusing on the 'how to' of evangelization.
- Obey the mandate of the Great Commission. (Matt 28:18-20)



THU-SUN 1-4 MAY 2025

VENUE: MONSIGNOR ALOYSIUS
SPIRITUALITY CENTER, PENANG

<https://g.co/kgs/ZTivCpv>



Seminar Fee: RM200

(Non-residential)

Closing Date: 17 April, 2025

Registration link:

<https://bit.ly/3VPWnzo>

Contact Person(WhatsApp):

Jeanne J Saw: 016 455 4597

HAGGAI SEMINAR FOR CATHOLIC LEADERS will be organised in collaboration with the School for New Evangelization (SNE) of the Diocese of Penang from Thursday until Sunday, **1st - 4th May** at the Monsignor Aloysius Spirituality Centre, Penang.

This is a leadership training programme aimed at equipping Parish / Ministry / Lay Leaders as well as Clergy and Religious for effective evangelization. Seminar fee is RM200 per person (Non-residential). Please register latest by Thursday, **17th April** via this link: <https://bit.ly/3VPWnzo> All are welcome!

Haggai Seminar (NNS) for Catholic Leaders

NNS=Non-residential National Seminar

in collaboration with the

School for New Evangelization (SNE) of the
Diocese of Penang

Date and time:

Start: 01 May (Thu) 7.30am

End: 04 May (Sun) 9.30pm

Venue:


Msgr Aloysius Spirituality Center

Penang Road, Penang

<https://g.co/kgs/ZTivCpv>

Who should attend?

- Parish/Ministry/Lay leaders
- Clergy/Religious

Click  to register!

<https://bit.ly/3VPWnzo>

Registration closing date:

17 April 2025 (Thu)

Seminar fee:

RM200/person (inclusive of meals, certificate etc.)

Parish/Ministry encouraged to sponsor/subsidize

Contact person:

Jeanne J Saw 016-455 4597 (WhatsApp)



Organizer: HTC Chinese Liaison Committee

PRINCIPLE & FOUNDATION

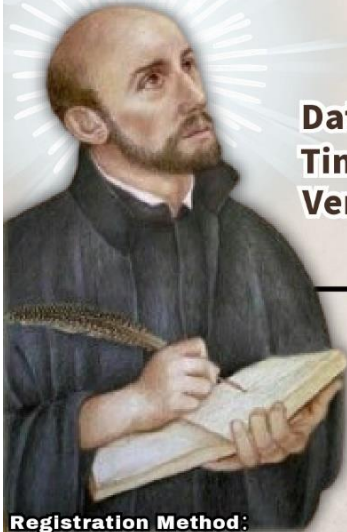
OF ST IGNATIUS OF LOYOLA

(Mandarin)

Date: 1 May 2025 (Thursday)

Time: 10.00 am - 12.00 noon

Venue: Holy Trinity Church
Good Shepherd Hall



FREE

Registration deadline
28/4/2025




Speaker:
WINSTON HENG, SJ
(JESUITS)

Registration Method:

Please send a WhatsApp message to Rachel or Vivian and include in your message your name in both Chinese & English, contact number and parish.

For inquiries, please contact:

 Rachel Teo - 016-878 1502
Vivian Teo - 013-822 9603

A TALK ON 'THE PRINCIPLE AND FOUNDATION OF ST. IGNATIUS OF LOYOLA' will be organised by the Holy Trinity Church Chinese Liaison Committee on Thursday, **1st May** from **10:00 am to 12:00 noon** at Good Shepherd Hall, Holy Trinity Church, Kenyalang. The speaker, Jesuit Bro. Winston Heng will share about the Ignatian spirituality in Mandarin.

Registration is **FREE**. Interested, please WhatsApp your name (*in both Mandarin & English*), contact number and parish information to Rachel Teo: 016-8781502 OR Vivian Teo: 013-8229603 latest by Monday, **28th April**. All are welcome!

Speaker
FR. THOMAS BOBBY
EMPRAYIL V.C.



HEALING MASS & RALLY

HEALING
MASS

ST. JOSEPH CATHEDRAL
15 MAY 2025 | 7.30PM

HEALING
RALLY

BLESSED SACRAMENT CHURCH
16-18 MAY 2025 | 7.30PM

ALL ARE WELCOME.



019-888 3811 (Thomas Ngu) | 016-892 3962 (Irene Kueh)



HEALING MASS AND RALLY - In conjunction with the Bible Seminar, a **Healing Mass** will be celebrated at the Cathedral on Thursday, **15th May** at **7:30 pm**. This will be followed by a **Healing Rally** to be held at the Blessed Sacrament Church, BDC from **16th to 18th May** at **7:30 pm**. All are welcome!

Speaker
**FR. THOMAS BOBBY
EMPRAYIL V.C.**



BIBLE SEMINAR

REGISTER BEFORE 11 MAY



RM 75

16-18 MAY
2025

**BLESSED SACRAMENT
CHURCH,
BDC, KUCHING**

<https://forms.gle/QAgZCKPvj9WZ7iA58>




019-888 3811 (Thomas Ngu) | 016-892 3962 (Irene Kueh)



BIBLE SEMINAR led by Fr. Thomas Bobby Emprayil, V.C. (a renowned preacher gifted in prophecy and healing) will be organised at the Blessed Sacrament Church from **16th to 18th May**. The seminar will include inspiring teachings, Eucharistic Adoration and prayer sessions.

Registration is RM75 per head (inclusive of meals). Please register latest by Sunday, **11th May** using the QR code or via this link: <https://forms.gle/QAgZCKPvj9WZ7iA58> For more information, please contact Mr. Thomas Ngu: 019-8883811 or Ms. Irene Kueh: 016-8923962. All are invited to this powerful encounter with God's Word!



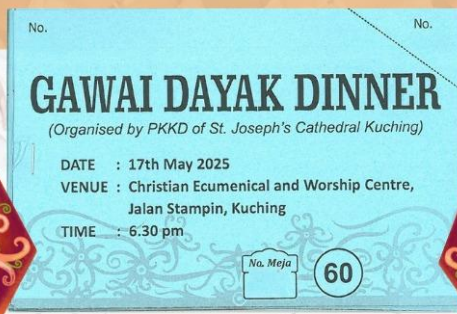
DINNER TICKETS AVAILABLE NOW!

Gawai Dayak Dinner 2025

Organised by PKKD of St Joseph's Cathedral Kuching

17 MAY 2025 | 630PM | CHRISTIAN ECUMENICAL
AND WORSHIP CENTRE KUCHING

RM600 PER TABLE | LIMITED TICKETS
AVAILABLE ST. JOSEPH'S PARISH OFFICE



GAWAI DINNER will be organised by the Dayak Catholic Cultural Organisation (P.K.K.D.) on Saturday, **17th May, 6:30 pm** at the Christian Ecumenical Worship Centre (C.E.W.C.), Jalan Stampin. **Limited dinner tickets priced at RM600 per table are now on sale at the Parish Office.**



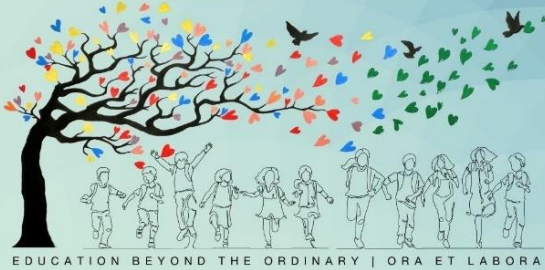
ST. JOSEPH'S PRIVATE SCHOOLS 2026 INTAKE **NOW OPEN FOR REGISTRATION!** FOR PRIMARY 1, FORM 1 & YEAR 7

For more information, please contact us at :

St. Joseph's Private Primary School (SPRS.1013) ☎ 082 - 244 767 / 549 767

St. Joseph's Private Secondary School (SPSS.1024) ☎ 082 - 414 575 / 420 575

St. Joseph's International School (SPAS.8001) ☎ 082 - 411 575 / 550575



EDUCATION BEYOND THE ORDINARY | ORA ET LABORA

HOW TO REGISTER



CLOSING DATE 30TH APRIL 2025

ST. JOSEPH'S PRIVATE SCHOOLS 2026 NEW INTAKE for Primary 1, Form 1 and Year 7 are now open for registration. Parents who are interested to enrol their children for these classes can apply via the QR code provided. Closing date for registration is Wednesday, **30th April**. For further information, please contact any of the following:

Class	School	Contact No.
Primary 1	St. Joseph's Private Primary School	082-244767 / 549767
Form 1	St. Joseph's Private Secondary School	082-424575 / 420575
Year 7	St. Joseph's International School	082-411575 / 550575

USHERS' MINISTRY

The Usher's Ministry of St. Joseph's Cathedral is looking for frequent church goers who are willing to serve as ushers and greeters during these masses:

- Sunset Mass (Saturday, English)
- First Mass (Sunday, English)
- Chinese Mass (Sunday)
- BM Masss (Sunday)
- Evening Mass (Sunday)
- Carmelite Chapel

For those who are interested to know more, please contact:
Steven Gerard - 013-8247828

THE MINISTRY OF USHERS & GREETERS is seeking new recruits to serve in the various weekend Masses at the Cathedral and Carmelite Chapel. Volunteers who are interested to come forward to serve may contact their Overall Coordinator, Steven Gerard: 013-8247828.

St. Joseph's Cathedral
Catechism Centers
NEED YOU



**Help Shape Hearts and Souls—Join Us as a
Faith Formator!**

Sign up with:-

ENGLISH SECTION

**Teacher Felix Chuo
+6019-859 8012**

BM SECTION

**Pusat St. Teresa -
Cikgu Rosiah Palun
+6019-868 7525**

CATECHETICAL OFFICE

**Sarah M-Lo
082-412 650**

Pusat St. Colette

**Cikgu Solomon Silimun
+6013-569 7170**

**FAITH FORMATION VOLUNTEERS NEEDED FOR ENGLISH AND BAHASA
MALAYSIA CATECHISM SESSIONS**

- Parishioners are invited to volunteer as faith formators for English and BM Catechism sessions to prepare children (*ages between 7 to 17 years*) for the Sacraments of Baptism, First Holy Communion and Confirmation. The Cathedral Parish is hoping to create smaller and more conducive learning atmosphere for our children. Those interested to share their Catholic faith are requested to contact the following:

- English- Felix Chuo: 019-8598012
- BM (Pusat St. Teresa)- Cikgu Rosiah Palun: 019-8687525
- BM (Pusat St. Colette)- Cikgu Solomon Silimun: 013-5697170
- Catechetical Office- Sarah M-Lo: 082-412650



SJC COUNSELLING CENTRE

Ground Floor, Parish Centre, St. Joseph's Cathedral
Compound, Batu 1, Jalan Tun Abang Haji Openg, 93000
Kuching, Sarawak, Malaysia.

Operating hours:

Monday - Friday : 8.00 am - 12.00 noon
2.00 pm - 5.00 pm
Saturday : 8.00 am - 12.00 noon

OUR SERVICES:



Individual
Counselling



Family
Counselling

Couple
Counselling



Group
Counselling



To schedule an appointment, please contact:



082 258 046



018 353 9799 (Kimberly) , 018 252 9899 (Nelly)



sjckch.counsellor@gmail.com

The centre is closed on Sundays, Public Holidays & Church Holy Days of Obligation.
Love-offerings for the church will be collected from clients.

SJC COUNSELLING CENTRE also run support groups for:

- Cancer survivors and caregivers
- Grief, bereavement and trauma



KUCHING CATHOLIC CEMETERIES AND COLUMBARIA SERVICES

It all starts with charity.

Seeking your generous and kind contribution to maintain and improve the facilities within the compound of all our cemeteries.

The Custodian
Rev. Fr Vincent Chin



TO DONATE

ONLINE TRANSFER

The Archbishop of Kuching
Maybank Account

No.: 5112 5200 0808

- Remark "For KCCCS"
- WhatsApp to 016-8899237
proof of transfer if you need receipt.

OR

Drop KCCCS envelopes into the collection bags during weekend masses at any parish in the Archdiocese.



APPEAL FOR DONATION

APPEAL FOR DONATION TO THE KUCHING CATHOLIC CEMETERIES & COLUMBARIA SERVICES (KCCCS) - The Custodian of KCCCS is appealing for your generous donation for the maintenance and upkeep of our Catholic cemeteries and improvement of its facilities. Please support!

S PAY GLOBAL / SARAWAK PAY QR CODE STICKERS on the Church pews are made available for the convenience of our parishioners and also to facilitate weekend Mass collections. However, these stickers quite often need to be replaced because they were found partially torn or defaced. We appeal to parents not to let your young children play, tear or draw on these stickers.



THE ARCHDIOCESE OF KUCHING
INVITES YOU TO SUPPORT THE



BUNAN RESILIENCE PROJECT

Join the Bunan Resilience Project and savour the flavours of nature's bounty! Together, let us help our local farmers build economic resilience against external threats and the challenges of climate change.

Embrace fresh, homegrown delights while uplifting an entire community!

参与布南韧性项目，品尝大自然的恩赐。让我们一起支持我们的农民，建设经济复原能力来抵抗外部威胁和无常的气候。享受本土新鲜种植蔬果，提升社区经济效益。

Sertai Projek Daya Tahan Bunan dan nikmati kebaikan hasil alam semula jadi! Marilah bersama membantu para pekebun tempatan membina keteguhan ekonomi terhadap ancaman luar dan cabaran perubahan iklim.

Nikmati hasil tanaman tempatan yang segar sambil membangunkan seluruh komuniti!



www.kuchingcjc.com

THE BUNAN RESILIENCE PROJECT is a pilot project of the Archdiocese of Kuching to support the farmers of Bunan by marketing their produce in Kuching. By doing so, we help them to remain economically resilient in the face of growing uncertainties. Visit <https://kuchingcjc.com/> and order fresh, locally-grown produce for your family while supporting an entire community!

Orders received by Thursday noon each week can be collected on Saturday mornings at either the A.C.C.P.C. Car park (St. Joseph's Cathedral ground) OR Holy Trinity Church, Kenyalang. Payment is by cash during pick-up. In the future, we hope to establish more pick-up centres at other parishes. **Come support the Bunan Resilience Project TODAY!**

OPENING HOURS

Church Offices	SJC Parish Office	SJC Catechetical Office	Archdiocesan Library & History Gallery
Monday to Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm
Saturday	8:00 am - 12:00 noon, 2:00 pm - 4:30 pm	8:00 am - 12:00 noon	8:30 am - 12:00 noon
Contact Nos.	082-423424 / 423425 (Front Office Staff: Annie / Joanna) WhatsApp: 082-423424 OR go to https://wa.me/6082423424 Email: sjcoffice@yahoo.com.my	082-412650 (Catechetical Staff: Sarah / Ronita / Angeline) WhatsApp: 082-412650 Email: sjckch.fafhformation@gmail.com	082-420802 (Library Staff: Olivia Inoi)

Note:

- The above offices are closed on Sunday, Public Holiday & Church Holy Days of Obligation.
- For sick calls after normal office hours, please contact Hp: 016-8922633.

HOLY CROSS CENTRE (located at No. 681, Lorong 1, Jalan Bayor Bukit, Tabuan Jaya, 93350 Kuching. Tel.: 082 363945) is open **every Monday, Tuesday and Wednesday** from **9:30 am till 12:30 pm**. Praying over and consultation will be done at the porch area. The centre is closed on public holidays, major Church feast days, or otherwise informed. The Holy Cross Ministry's weekly Fellowship is held every Tuesday 7:30 pm to 9:00 pm at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C. (except on public holidays).

DAILY MASS & HOLY HOUR SCHEDULE

Venue	Daily Mass	Holy Hour
Carmelite Chapel	Monday - Saturday, 7:00 am (English)	Friday, 7:30 pm (English)
Weekday Chapel, St. Joseph's Cathedral	Monday - Friday, 5:30 pm (English)	-

WEEKEND MASS SCHEDULE

Venue	Day	Time	Language	Remarks
St. Joseph's Cathedral	Saturday	6:00 pm	English	● Car park in front of the Cathedral is RESERVED for cars ferrying elderly passengers, particularly those with special needs and those with walking difficulty.
	Sunday	7:00 am*	English	
		9:00 am*	Mandarin	
		11:00 am*	BM	
		5:00 pm	English	
Carmelite Chapel	Sunday	8:00 am	English	● After Mass, the back gate next to the Sarawak Club will be opened for cars to exit the Cathedral compound.

***Live-stream Mass.**

Please go to <https://www.facebook.com/arch.kuching>

GENERAL REMINDER

Parishioners are reminded to show reverence to the Lord and consideration for others as follows. We seek your kind cooperation and understanding so that we can all worship comfortably as a Church:

- Please **arrive early** and be seated at least 10 minutes before Mass begins to avoid causing unnecessary interruption or distraction.
- The sacredness of the Eucharistic celebration urges all participants to **dress appropriately** when entering the Church for Holy Mass and manifest the importance of what we are doing as a worshipping community.
- **Wearing of face masks** in Church is no longer mandatory but **highly encouraged**, especially in crowded and closed environment.
- **Those sick** with flu-like symptoms (e.g. fever, cough, runny nose, etc.) are to exercise prudence and **refrain from joining the congregation in Church**.

PROPER ATTIRE



T-SHIRT OR
LONG SLEEVES



BLOUSE WITH SLEEVES



POLO SHIRT
OR COLLARED SHIRT



KNEE-LENGTH DRESS
WITH SLEEVES



JEANS OR SLACKS



KNEE-LENGTH SKIRTS



SHOES

IMPROPER ATTIRE



SLEEVELESS AND
PLUNGING NECKLINES



TUBES AND
RACERBACKS



SINGLETS



SHORT SKIRTS



SHORTS



CAP



SLIPPERS

WEEKLY MASS COLLECTION AND DONATIONS

Parishioners are encouraged to contribute weekly to help defray the Cathedral's operations and maintenance cost.

Please make your donations via **S Pay Global** by scanning this QR code. Verify that the recipient is '**St. Joseph's Cathedral**' before confirming the transaction.

You may also drop your weekly donations into the big wooden Collection Boxes placed at the Cathedral entrances OR do **online transfer or cash deposit** to St. Joseph's Cathedral Bank Account as follows:



St. Joseph's Cathedral

Archbishop of Kuching Saint Josephs Cathedral

Maybank Bhd Account Number: 511038613081



PENITENTIAL SERVICES - Priest will be available to hear confessions half an hour before the Sunset and Sunday Masses at the Blessed Sacrament Chapel. Please maintain physical distancing and do not congregate at the area while waiting for your turn to make your confession.

Kindly adhere to the following SOP. Penitents are to:

- Keep face mask on at all times.
- Be well-prepared to make confession without undue delay.
- Perform penance after returning to seat in the Church.
- Bring own hand sanitiser.

THE NOVENA DEVOTION TO OUR LADY OF PERPETUAL HELP is held every **Saturday at 5:00 pm** before the 6:00 pm English Sunset Mass at St. Joseph's Cathedral. All are welcome. Those attending only the Novena are to be seated at the loft opposite the Choir. Parishioners can also submit your petition request or letter of thanksgiving through the google online form at <https://forms.gle/oTqtZMQsr1hC5PDr6>.

ONLINE CALVARY HOUR OF MERCY

Day	Language	Time	Zoom link
Sunday	English	2:55 pm - 4:00 pm	https://us02web.zoom.us/j/86178307498?pwd=UVZ6MTdJSmRyeDZwUTMweC95UFBDdz09 Meeting ID: 861 7830 7498 Passcode: prayhour
Monday	English		
Tuesday	Mandarin		



3 O'CLOCK

THE HOUR OF GREAT MERCY

**YOU are invited to our
Daily Devotion to
THE DIVINE MERCY**

Time: 3pm

Venue: Day Chapel, St. Joseph's Cathedral

DIVINE MERCY PROMISES

**"...you can obtain everything
for yourself and for others for
the asking;
it was the hour of grace
for the whole world."**

**"... Through the CHAPLET
you will obtain everything,
if what you ask for is
compatible with My will."**



**"By means of this IMAGE I shall grant many
graces to souls. It is to be a reminder of the
demands of My mercy, because even the
strongest faith is of no avail without works."**

**"Tell me about everything, be sincere in dealing
with Me, reveal all the wounds of your heart.
I will heal them, and your suffering will become a
source of your sanctification.**

A suffering soul is closest to My Heart."



~ 耶稣我信赖祢 ~

华语 上主慈悲敬礼



每逢周六下午三时正
于
圣若瑟堂区中心二楼
圣母玛利亚祈祷室

* 欢迎教友们踊跃参加 *

DIVINE MERCY DEVOTION IN MANDARIN is held every Saturday, 3:00 pm at Mother Mary Prayer Room, 1st floor, Parish Centre. All are welcome!

BAPTISM OF BABIES is conducted in English or Bahasa Malaysia in the Cathedral. **Parents with babies to be baptised are to register online at <https://forms.gle/ZjZiWzERHGrMgYN87>** and upload the scanned copy of all the required documents stipulated below:

Parents	Sponsor (Godparent)
<ul style="list-style-type: none">✓ Your child's Birth certificate or Adoption certificate✓ MyKid (if any)✓ Family Record Book	<ul style="list-style-type: none">✓ MyKad (or Passport)✓ Baptismal certificate✓ Confirmation certificate✓ Family Record Book or Marriage certificate (issued by Catholic Church)

Only Parents who have submitted complete set of the required documents will be accepted and the Parish Office will inform you when and where to attend the Rite of Baptism in due course. You will then be required to send in your original Family Record Book for updating before the actual rite.

According to Canon Law # 874, a Sponsor (Godparent) must be a baptised, confirmed and practising Catholic. If married, his / her marriage must already be blessed in the Catholic Church. (This does not apply to those who were not Catholics [both husband & wife] at the time of their civil marriage).

THE SSVp THRIFT SHOP is open **every Sunday** from **10:00 am to 1:00 pm**. All proceeds will be for the poor and needy. Please support!

REMINDER TO ALL DONORS

Kindly donate goods & clothing that are in decent and sellable condition to the SSVp Thrift Shop. Your kind understanding and cooperation is greatly appreciated.

SARAWAK GENERAL HOSPITAL (SGH) APPEAL FOR BLOOD DONATION

Parishioners are encouraged to donate blood at **SGH Blood Bank anytime from Monday to Friday, 7:30 am till 4:00 pm**. For inquiries, please call the SGH Blood Bank Tel. No.: 082-276797 or 010-8578909 (Mr. Borhan).

FORMED®

The Catholic Faith. On Demand.

Diving into the beauty of the Faith has never been easier: at home, on the go, or from any internet connected device.

Discover thousands of books, audio talks, movies, documentaries, and studies... there is something for every member of the family to help them grow closer to Christ and His Church.



Over 4,000 titles - now available on almost any device!

Roku

Apple TV



Dozens of new features - all to help you enjoy the best in Catholic content

Already have a FORMED Account?

1. Visit FORMED.org
2. Click Sign In
3. Enter your email
4. Click the link in your email
5. You're in! No more passwords!

Registering on FORMED is easier than ever!

1. Go to FORMED.org/signup
2. Enter your parish zip code or name to select your parish
3. Enter your name and email

Zip code: 93000

Parish: Archdiocesan Curia and Cathedral Pastoral Centre

Visit FORMED.org or search for "Formed" on your favorite app store

FORMED: FREE ONLINE CATHOLIC FAITH RESOURCES - Please refer above for instruction to register for free at FORMED.org/signup and download the FORMED App to your phones where you can access the best Catholic audio talks, Christian movies, e-books and study programs at your fingertips to help you grow in your faith, in relationships with family, find deeper peace with God and share your belief with others.