



# ST. JOSEPH'S CATHEDRAL

## Church Notice

FOURTH SUNDAY IN ORDINARY TIME  
~ 28<sup>th</sup> January 2024 ~

Tel.: 082-423424

Website: [stjosephkuching.org](http://stjosephkuching.org)

Email: [sjcoffice@yahoo.com.my](mailto:sjcoffice@yahoo.com.my)

**THE SECOND COLLECTION** this week will be for the **Development Fund**.

**CATHOLIC RELIGIOUS RADIO BROADCAST** in **Mandarin** by Fr. Leonard Yap will be on the air (REDfm 91.9) this Sunday, **28<sup>th</sup> January at 6:45 pm**.

**YOUTH GATHERING** - **The EMPOWERED Ministry** (*St. Joseph's Parish Youth Ministry*) invites all youths aged 13 years and above (*secondary school, college, university students and young adults*) to join their regular Youth Gathering on **Fridays, 8:00 pm to 10:00 pm** at **St. James Room, 1<sup>st</sup> Floor, Parish Centre**. Follow their Instagram **@empoweredkch** for announcements of upcoming programmes.

**RECRUITMENT DRIVE** by the Cathedral Parish's **16<sup>th</sup> Kuching Company, The Boys' Brigade in Malaysia** is as per below.

**Boys and Youths** are most welcome to join the Boys' Brigade in the following categories:

- **Pre-Junior (aged 7 - 8 years old)**
- **Junior (aged 9 - 12 years old)**
- **Seniors (aged 12 / 13 - 19 years old)**

Interested Adults are also invited to join as Officer / Helper!

Their **Weekly Parade** is conducted on **every Saturday** from **2:00 pm to 5:00 pm** at St. Augustine Room, Ground Floor, St. Joseph's Parish Centre. Please contact **Captain Desmond Chan @ 019-8168229** for further information.

Based on the twin pillars of Christian Faith and Discipline, the Boys' Brigade seeks to provide a meaningful and enjoyable programme that balance the four areas of your life: Educational, Physical, Social and Spiritual.

**A CHILDREN'S BOOK ENTITLED 'THE ADVENTURE OF WHITE SPOT: THE SPECIAL DONKEY'** written by Fr. John Curmi and printed locally with permission of the Archbishop of Kuching in aid of the **I.C.P.E. Mission Seminary in Malta**. Limited stocks selling at RM10 per copy are still available at the Rosary Mart.

**CLEARANCE SALE FOR 2024 DESK CALENDAR** in aid of the **I.C.P.E. Mission Seminary in Malta**. Limited stocks selling at RM5 each are still available at the Rosary Mart.



**CATHOLIC FUNERAL & BURIAL SERVICE** - The Catholic Mutual Benefit Society (CMBS) of the Kuching Archdiocese provides assistance to bereaved families at the time of death. Their services include providing advice regarding Christian rituals, cemetery plots, columbarium, caskets, transportation, arrangement for funeral masses, wake prayers for the dead, etc..

For more information regarding membership or in time of need / bereavement, **Catholics are advised to contact the following persons for assistance** to avoid unnecessary hassle and confusion with regards to Catholic funeral rites and services:

CMBS Office: Beatrice Mary Goh (Tel: 082-244493)

On-call: Christopher Chin (Hp: 019-8563438)

**CAR PARK MASS** which is celebrated on every Saturday at 7:00 am will be **discontinued** effective **February 2024**. Those requiring **Housebound Communion Service** are requested to contact Nelly at 082-258046 / 018-2529899 during office hours.



# UNIFOR & UKAS **BLOOD DONATION DRIVE**



in collaboration with

→ **Plaza Merdeka Shopping Mall, Kuching** ←

## DATE

30 January 2024

## VENUE

Upper Ground (UG)  
Plaza Merdeka Shopping Mall, Kuching

## TIME

10 am - 2 pm

## **WALK IN DONORS ARE WELCOME**

**JOINT BLOOD DONATION DRIVE** is organised by Unit For Other Religions (UNIFOR) and Unit Komunikasi Awam Sarawak (UKAS) on Tuesday, **30<sup>th</sup> January, 10:00 am** at Upper Ground (UG), Plaza Merdeka Shopping Mall. All Catholics are encouraged to witness our Christian faith and love of neighbours by participating in this Blood Donation Drive. Please sign up online at: [https://docs.google.com/forms/d/13qefsbsW4a0RFa0YoxzxSvDOgV81\\_Cf28X0Gq-3zOec/edit](https://docs.google.com/forms/d/13qefsbsW4a0RFa0YoxzxSvDOgV81_Cf28X0Gq-3zOec/edit)

**APPEAL FOR MANDARIN ORANGES** - Parishioners are requested to donate oranges for blessing and distribution during the Chinese New Year Thanksgiving Mass. Please send your oranges to the Parish Office from **29<sup>th</sup> January until 7<sup>th</sup> February**.

**“CHARITY ANG POW” FOR THE POOR** - The St. Joseph's Chinese Lay Organisations Committee is appealing to parishioners to share the joy of Chinese New Year celebration with poor families by donating “Charity Ang Pow.” Please hand in your donations to the Parish Accounts Department by Friday, **2<sup>nd</sup> February**.

**28<sup>TH</sup> WORLD DAY OF CONSECRATED LIFE** will be celebrated on Friday, **2<sup>nd</sup> February** with the theme **“Pilgrims of Hope on The Path of Peace”**. In the Archdiocese of Kuching, all religious communities will gather with members of the Secular Order of Discalced Carmelites (OCDS) and some youths for a half day programme to be held on Saturday, **3<sup>rd</sup> February** at the Carmelite Chapel. Let us unite with them in prayer for this celebration.

**CHINESE NEW YEAR DECORATION OF THE CATHEDRAL AND PRE-C.N.Y. GATHERING** - Parishioners are invited to come and assist in putting up C.N.Y. decorations at the Cathedral on Sunday, **4<sup>th</sup> February at 6:30 pm**. There will also be a Pre-C.N.Y. Pot-Bless Gathering at 7:30 pm that evening. Parishioners are welcome to join and bring some festive food to share with others.

**BLESSING OF PERSONAL ORANGES** will be carried out on Wednesday, **7<sup>th</sup> February** during the **5:30 pm** daily Mass in the Cathedral. Please wrap and label your personal oranges stating your name clearly. There will be no blessing of personal oranges during the Chinese New Year Thanksgiving Mass.

**CHINESE NEW YEAR THANKSGIVING MASS** will be celebrated in the Cathedral on Saturday, **10<sup>th</sup> February at 8:30 am**.

**GAZETTED PUBLIC HOLIDAY** - The Parish Office, SJC Counselling Centre, Library and History Gallery will be **closed** from **Friday, 9<sup>th</sup> February (12:00 noon onwards) until Monday, 12<sup>th</sup> February**.

For sick calls during public holidays and after office hours, please call **016-8922633**. During normal office hours, please call the Parish Office at 082-423424.

# SPARK

A Valentine evening  
for Catholic singles & couples  
where love and life, faith and fun all  
intertwine



"Oh dear Lord,  
please turn our  
sparks into  
flame."



13 FEB

RUMAH KOPI,  
GALA CITY

7 PM

7.00PM

WELCOMING

7.30PM

PRAYER & ACTIVITIES

8.00PM

DINNER & SHARING

9.30PM

CONCLUDING BLESSING



KAYC  
KUCHING ARCHDIOCESE  
YOUTH COMMISSION

*Fan into flame the gift of God that  
you possess.*

2 Tim 1:6



REGISTER BY  
6 FEB

+60 11-7263 4737



kchyouth.com



kchadyouth.office@gmail.com



kuchingcatholicyouth.com

**SPARK** is an evening where love and life, faith and fun intertwine. This unique **Catholic Valentine celebration** is organised by the Kuching Archdiocese Youth Commission (KAYC) on Tuesday, **13<sup>th</sup> February** at RUMAH KOPI, Galacity. All young adults (*singles and couples*) are cordially invited to enjoy hearty conversations over dinner to cultivate love-filled and faith-based relationships. Scan the above QR code or click the link <https://forms.gle/C58MPDGxuKZinMPK9> for further details and register by **6<sup>th</sup> February**. Limited slots only. So hurry! Let the Lord and only the Lord turn our sparks into flame!



**ONLINE SMART LOVING ENGAGED PRE-MARRIAGE COURSE** will be conducted in English on 8 consecutive Sundays from **25<sup>th</sup> February until 21<sup>st</sup> April** (with a break on Easter Sunday, 31<sup>st</sup> March). **Registration begins from 14<sup>th</sup> January until 11<sup>th</sup> February** (or when the maximum pax of 30 couples is reached; whichever comes first). The registration fee is **RM60 per couple** (inclusive of Smart loving workbook to be collected from St. Joseph's Parish Office upon registration). Couples intending to marry in church are invited to register for this course via registration link: <https://kuchingcatholic.org/directories/pre-marriage-course-smart-loving/>



**Speakers:**

REV. DR. MICHAEL PAYYAPILLY V.C.

REV. FR. SHINU VITHAYATHIL V.C.

**"YOU WILL MAKE YOUR PRAYER TO HIM AND HE WILL HEAR YOU, AND YOU PAY YOUR VOWS"**  
Job 22:27

**MASS WITH ANOINTING OF THE SICK**  
28 FEB 2024 | 7.30PM | ST JOSEPH CATHEDRAL

**DIVINE LENTEN HEALING RETREAT**  
29 FEB-02 MAR 2024 | 9.00AM | BLESSED SACRAMENT CHURCH, BDC

**CONTACT PERSON**  
Thomas Ngu ☎ +60 19-888 3811 | Bernadine Sammy ☎ +60 19-226 2758

**REGISTER HERE:** 

**Archdiocese of Kuching**

**DIVINE LENTEN HEALING RETREAT**

**"YOU WILL MAKE YOUR PRAYER TO HIM AND HE WILL HEAR YOU, AND YOU PAY YOUR VOWS"**  
Job 22:27

**29 FEB-2 MAR 2024, THU-SAT**

**DAY 1: 9.00 AM - 8.30 PM** (Registration starts at 8am)  
**DAY 2: 9.00 AM - 8.30 PM**  
**DAY 3: 9.00 AM - 3.00 PM**

**BLESSED SACRAMENT CHURCH, BDC**  
(JALAN STUTONG, SEDC WOODHOUSE, 93250 KUCHING, SARAWAK)

**COMMITMENT DONATION: RM 120 PER PAX**  
**EARLY REGISTRATION: RM100/PAX**  
(UP TO 31 JANUARY 2024)

**CLOSING DATE: 15 FEB 2024, THU**

Thomas Ngu ☎ +60 19-888 3811 | Bernadine Sammy ☎ +60 19-226 2758

**REGISTER HERE:** 

**Archdiocese of Kuching**

REV. DR. MICHAEL PAYYAPILLY V.C.

REV. FR. SHINU VITHAYATHIL V.C.

"We are not alone" is inspired by Pope Francis' Synod on Synodality as we journey forward as one Church. It reminds us that "God is always with us". This year, in celebrating the holy season of Lent - a time for us to discern, cleanse and repent, the Archdiocese of Kuching graciously invite parishioners to join:

### **MASS WITH ANOINTING OF THE SICK**

Wednesday, **28<sup>th</sup> February**, 7:30 pm at the **Cathedral**

### **DIVINE LENTEN HEALING RETREAT**

Thursday to Saturday, **29<sup>th</sup> February - 2<sup>nd</sup> March** at **Blessed Sacrament Church, BDC**

Please register online via this link: <https://forms.gle/a9xVJ7ztdeeX4dTf6>

# Flame of Hope

Date

**01.03-03.03**

Venue

**Riverside Cabana,  
Batu Kawah**

2024

in the Light of Christ,  
Christ Himself is the shining light  
of hope, guiding us in our  
darkness, for He is the 'bright  
morning star'

For more quiries, feel free to contact :

Jeffery 016 854 0811 | Esther 016 861 1833

**FLAME CAMP 2024** with the theme: **Flame of Hope** will be organised from Friday till Sunday, **1<sup>st</sup> March - 3<sup>rd</sup> March** at the Riverside Cabana, Batu Kawa for all Mandarin-speaking youths aged 13 years & above. Registration deadline is Sunday, **18<sup>th</sup> February**. Flame Camp 2024 is a place for the youth to ignite the flame of faith. Participants will learn how to follow Christ in their lives and become His faithful disciples. For more inquiries, please contact Jeffery @ 016-854 0811 or Esther @ 016-861 1833.





# HUJUNG MINGGU CHOICE BM2

15 - 17 MAC 2024



RM130



ST. LUKAS CENTRE



[SITES.GOOGLE.COM/VIEW/CHOICEKUCHING](https://sites.google.com/view/choicekuching)



AMELIA (012-8787 341)

BRONICA (016-8740 235)



Tarikh Tutup: 25 Februari 2024

**CHOICE WEEKEND BM2** for single working adults (*aged between 21 - 45 years*) will be organised at St. Lukas' Centre, Kota Padawan from **15<sup>th</sup> - 17<sup>th</sup> March** in Bahasa Malaysia. Registration forms are available at <https://sites.google.com/view/choicekuching> or by scanning the above QR code. Closing date for registration is **25<sup>th</sup> February**.



**ST. JOSEPH'S CATHEDRAL PARISH CATECHISM CLASSES 2024** - Parents with children aged between 7 to 16 years (*particularly those studying in schools with no catechism classes*) are urged to enrol your children for these sessions. Registration forms are also obtainable from the Parish website, Parish Office and Catechetical Office. Duly-completed registration forms with relevant documents attached may be submitted to the class teachers on the first day of lesson. Below are the details of the classes in all Catechism Centres of St. Joseph's Cathedral Parish:

### **ST. JOSEPH'S CATHEDRAL CATECHISM CLASS**

Language (Coordinators)	Date of 1 <sup>st</sup> Class	Time	Venue
<b>MANDARIN</b> (Ms. Annie Ng)  Online Registration (new intake only) <a href="https://forms.gle/BPuuDD64VqToGx9D7">https://forms.gle/BPuuDD64VqToGx9D7</a>	Sunday, 7 <sup>th</sup> January 2024	10:30 am - 11:30 am	SK St. Teresa
<b>BAHASA MALAYSIA</b>  Mode & Date of registration will be informed by Feb 2024.	Sunday, 17 <sup>th</sup> March 2024	9:00 am - 10:00 am	SK St. Teresa
<b>ENGLISH</b> (Mr. Felix Chuo)  Mode & Date of registration will be informed by Feb 2024	Sunday, 10 <sup>th</sup> March 2024 (Briefing & Introduction - Online via Zoom)  17 <sup>th</sup> March 2024 (Physical Class begins)	9:30 am - 10:30 am	SMK St. Teresa

### **ST. COLETTE CATHOLIC CENTRE, TAMAN MALIAH BM CATECHISM CLASS** (Coordinator - Cikgu Solomon Silimun)

Sacrament Classes / Time	Date of 1 <sup>st</sup> Class	Teachers-in-charge
Baptism 5:00 pm - 6:00 pm	Sunday, 17 <sup>th</sup> March 2024	Ms. Fiona Lulu Jaina, Ms. Fifi Lea Jaina & Mdm. Melinda
First Holy Communion 5:00 pm - 6:00 pm	Sunday, 17 <sup>th</sup> March 2024	Ms. Fiona Lulu Jaina, Ms. Fifi Lea Jaina & Mdm. Melinda
Confirmation 6:00 pm - 7:00 pm	Sunday, 17 <sup>th</sup> March 2024	Cikgu Solomon Silimun & Mr. Zackary Asong

### **OTHER BM CATECHISM CENTRES**

Catechism Centres	Sacrament Classes / Time	Date of 1 <sup>st</sup> Class	Teachers-in-charge
Pusat Bandar Baru Semariang	Baptism 5:00 pm - 6:00 pm	Friday, 22 <sup>nd</sup> March 2024	Sr. Rowena Patrick
	First Holy Communion 5:00 pm - 6:00 pm	Friday, 22 <sup>nd</sup> March 2024	Sr. Rowena Patrick
	Confirmation 6:00 pm - 7:00 pm	Friday, 22 <sup>nd</sup> March 2024	Sr. Luciana Anthony
Pusat Kim Hin	Baptism 5:00 pm - 6:00 pm	Wednesday, 20 <sup>th</sup> March 2024	Sr. Rowena Patrick
	First Holy Communion 5:00 pm - 6:00 pm	Wednesday, 20 <sup>th</sup> March 2024	Sr. Rowena Patrick
	Confirmation 6:00 pm - 7:00 pm	Wednesday, 20 <sup>th</sup> March 2024	Sr. Luciana Anthony

## **ONLINE REGISTRATION FOR MASS OFFERING (MO) & COMBINED REQUIEM MASS**

**(CRM)** - Parishioners may offer Mass online via the below links:

Type	Link
Mass Offering (MO)	<a href="https://forms.gle/APkbscLMAG2Bcd7F9">https://forms.gle/APkbscLMAG2Bcd7F9</a>
Combined Requiem Mass (CRM)	<a href="https://forms.gle/yNixf4JrhMN61Z9h9">https://forms.gle/yNixf4JrhMN61Z9h9</a>

To offer Mass, parishioners can also visit our Parish website: <https://stjosephkuching.org>. If you face any difficulty registering using the above links, please email your queries to [sjcoffice@yahoo.com.my](mailto:sjcoffice@yahoo.com.my) and our admin staff will attend to you soonest.

**Mass Offering (MO)** intentions will be offered by our priests privately on a daily basis except on Sunday. ***Any request for a mass to be said for your prayer intention on a 'specified' date must be submitted to the Parish Office at least one week in advance. Otherwise, your prayer intentions will be offered up at any time (at the discretion of our priests).***

Intentions for **Combined Requiem Mass (CRM) in February** will be offered on Friday, **23<sup>rd</sup> February**. Please send in your CRM form with proof of payment by Thursday, **22<sup>nd</sup> February before 12:00 noon**.

*[Note: The stipend (money) given by the Christian faithful for a Mass to be offered for a particular intention is not a fee but an expression of our gratitude to God and our contribution to the Church. Official receipts will be issued by the Parish Office accordingly.]*



THE ARCHDIOCESE OF KUCHING  
INVITES YOU TO SUPPORT THE



# BUNAN RESILIENCE PROJECT

Join the Bunan Resilience Project and savour the flavours of nature's bounty! Together, let us help our local farmers build economic resilience against external threats and the challenges of climate change.

Embrace fresh, homegrown delights while uplifting an entire community!

参与布南韧性项目，品尝大自然的恩赐。让我们一起支持我们的农民，建设经济复原能力来抵抗外部威胁和无常的气候。享受本土新鲜种植蔬果，提升社区经济效益。



Sertai Projek Daya Tahan Bunan dan nikmati kebaikan hasil alam semula jadi! Marilah bersama membantu para pekebun tempatan membina keteguhan ekonomi terhadap ancaman luar dan cabaran perubahan iklim.

Nikmati hasil tanaman tempatan yang segar sambil membangunkan seluruh komuniti!

[www.kuchingcjc.com](http://www.kuchingcjc.com)

**THE BUNAN RESILIENCE PROJECT** is a pilot project of the Archdiocese of Kuching to support the farmers of Bunan by marketing their produce in Kuching. By doing so, we help them to remain economically resilient in the face of growing uncertainties. Visit <https://kuchingcjc.com/> and order fresh, locally-grown produce for your family while supporting an entire community!

Orders received by Thursday noon each week can be collected on Saturday mornings at either the A.C.C.P.C. Car park (St. Joseph's Cathedral ground) OR Holy Trinity Church, Kenyalang. Payment is by cash during pick-up. In the future, we hope to establish more pick-up centres at other parishes. **Come support the Bunan Resilience Project TODAY!**

# **Kuching Catholic Cemeteries & Columbaria Services Archdiocese of Kuching**



**“ Please return your donation-envelopes into the collection bags of your respective parishes.  
Thanking you in advance for your continuous support! ”**



**or  
Use online banking  
for Donation to:  
THE ARCHBISHOP OF KUCHING  
MAYBANK ACCOUNT  
MBB 5112 5200 0808  
For KCCCS**



**Kuching Catholic Cemeteries & Columbaria Services  
The Custodian  
Archdiocese of Kuching**



# "PROTECT OUR EARTH, PROTECT OUR CHILDREN" CAMPAIGN

1 September 2020 – 31 August 2025

An urgent nationwide Catholic campaign to protect all life on Earth

"Choose life that you and your children may live" Deut 30:19



THEME FOR YEAR 4:

## CUT FUEL CONSUMPTION

1 Sept 2023 – 31 Aug 2024



Burning petroleum is a major contributor to greenhouse gases that are warming up the planet to dangerous levels. Transportation accounts for 14% of greenhouse gas emissions. It also causes air pollution which kills 8.8 million people a year. Travel less. Save your children's future.

All parishes, church organisations/offices/houses of formation, and all the faithful are earnestly called to implement & promote these practices now:

### 1. CUT TRANSPORT-FUEL CONSUMPTION

- Reduce use of petrol/diesel for parish vehicles & equipment
- Reduce use of vehicles. Plan multiple tasks per trip
- Give up at least one international flight per year per person
- Conduct e-meetings instead of face-to-face meetings
- Carpool
- Use public transportation
- Buy local food rather than imported food
- Reduce online purchases

### 2. PRAY FOR AND WITH ALL CREATION DAILY

BISHOP JOSEPH HII D.D.

President of the Episcopal Commission  
for Creation Justice of Malaysia, Singapore & Brunei

**SJC COUNSELLING CENTRE** is offering counselling service and emotional support for individuals, couples, family and support groups for various issues.

Monday - Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	Please call, WhatsApp or email to: Counselling Office Tel: 082-258046 Email: <a href="mailto:sjckch.counsellor@gmail.com">sjckch.counsellor@gmail.com</a> Kimberly Hp: 018-3539799 Nelly Hp: 018-2529899
Saturday	8:00 am - 12:00 noon	

*Note:*

- *The centre is closed on Sunday, Public Holiday & Church Holy Days of Obligation.*
- *Love-offering for the church will be collected from our clients.*

### **OPENING HOURS**

Church Offices	SJC Parish Office	SJC Catechetical Office	Parish Library & Archdiocesan History Gallery
<b>Monday to Friday</b>	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	9:00 am - 12:00 noon, 1:30 pm - 5:30 pm
<b>Saturday</b>	8:00 am - 12:00 noon, 2:00 pm - 4:30 pm	8:00 am - 12:00 noon	2:00 pm - 6:00 pm
<b>Contact Nos.</b>	082-423424 / 423425 (Front Office Staff: Annie / Joanna)  WhatsApp: 082-423424 OR go to <a href="https://wa.me/6082423424">https://wa.me/6082423424</a>  Email: <a href="mailto:sjcoffice@yahoo.com.my">sjcoffice@yahoo.com.my</a>	082-412650 (Catechetical Staff: Sarah / Ronita / Angeline)  WhatsApp: 082-412650  Email: <a href="mailto:sjckch.faithformation@gmail.com">sjckch.faithformation@gmail.com</a>	082-420802 (Library Staff: Irene)

*Note:*

- *The above offices are closed on Sunday, Public Holiday & Church Holy Days of Obligation.*
- *For sick calls after normal office hours, please contact Hp: 016-8922633.*

**HOLY CROSS CENTRE** (located at No. 681, Lorong 1, Jalan Bayor Bukit, Tabuan Jaya, 93350 Kuching. Tel.: 082 363945) is open **every Monday, Tuesday and Wednesday** from **9:30 am till 12:30 pm**. Wearing face mask is compulsory. Praying over and consultation will be done at the porch area. *(The centre is closed on public holidays, major church feast days, or otherwise informed.)* The Holy Cross Ministry's weekly Fellowship is held every Tuesday from 7:30 pm to 9:00 pm at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C. *(except on public holidays)*.

## DAILY MASS & HOLY HOUR SCHEDULE

Venue	Daily Mass	Holy Hour
Carmelite Chapel	Monday - Saturday, 7:00 am (English)	Friday, 7:30 pm (English)
Weekday Chapel, St. Joseph's Cathedral	Monday - Friday, 5:30 pm (English)	-

## WEEKEND MASS SCHEDULE

Venue	Day	Time	Language	Remarks
St. Joseph's Cathedral	Saturday	6:00 pm	English	• Car park in front of the Cathedral is <b>RESERVED</b> for cars ferrying elderly passengers, particularly those with special needs and those with walking difficulty.  • After Mass, the back gate next to the Sarawak Club will be opened for cars to exit the Cathedral compound.
	Sunday	7:00 am*	English	
		9:00 am*	Mandarin	
		11:00 am*	BM	
		5:00 pm	English	
Carmelite Chapel	Sunday	8:00 am	English	

**\*Live-stream Mass.**

Please go to <https://www.facebook.com/arch.kuching>

### IMPORTANT REMINDER

Please do not attend Holy Mass in Church if you feel unwell with fever, cough, sore throat or flu-like symptoms. Stay home and follow the live-streamed Mass instead.

### GENERAL REMINDER

Parishioners are reminded to show reverence to the Lord and consideration for others as follows. We seek your kind cooperation and understanding so that we can all worship comfortably as a Church:

- Please **arrive early** and be seated at least 10 minutes before Mass begins to avoid causing unnecessary interruption or distraction.
- The sacredness of the Eucharistic celebration urges all participants to **dress appropriately** when entering the Church for Holy Mass and manifest the importance of what we are doing as a worshipping community.
- **Wearing of face masks** in Church is no longer mandatory but **highly encouraged**, especially in crowded and closed environment.
- **Those sick** with flu-like symptoms (e.g. fever, cough, runny nose, etc.) are to exercise prudence and **refrain from joining the congregation in Church**.

## PROPER ATTIRE



T-SHIRT OR  
LONG SLEEVES



BLOUSE WITH SLEEVES



POLO SHIRT  
OR COLLARED SHIRT



KNEE-LENGTH DRESS  
WITH SLEEVES



JEANS OR SLACKS



KNEE-LENGTH SKIRTS



SHOES

## IMPROPER ATTIRE



SLEEVELESS AND  
PLUNGING NECKLINES



TUBES AND  
RACERBACKS



SINGLETS



SHORT SKIRTS



SHORTS



CAP



SLIPPERS



## **WEEKLY MASS COLLECTION AND DONATIONS**

Parishioners are encouraged to **contribute weekly** to help defray the Cathedral's operations and maintenance cost.

Please make your donations via S Pay Global by scanning this QR code. Verify that the recipient is 'St. Joseph's Cathedral' before confirming the transaction.

You may also drop your weekly donations into the big wooden Collection Boxes placed at the Cathedral entrances OR do online transfer or cash deposit to St. Joseph's Cathedral Bank Account as follows:



St. Joseph's Cathedral

**Archbishop of Kuching Saint Josephs Cathedral**  
**Maybank Bhd Account Number: 511038613081**



**PENITENTIAL SERVICES** - Priest will be available to hear confessions half an hour before the Sunset and Sunday Masses at the Blessed Sacrament Chapel. Please maintain physical distancing and do not congregate at the area while waiting for your turn to make your confession.

Kindly adhere to the following SOP. Penitents are to:

- ☒ Keep face mask on at all times.
- ☒ Be well-prepared to make confession without undue delay.
- ☒ Perform penance after returning to seat in the Church.
- ☒ Bring own hand sanitiser.

**THE NOVENA DEVOTION TO OUR LADY OF PERPETUAL HELP** is held **every Saturday at 5:00 pm** before the 6:00 pm English Sunset Mass at St. Joseph's Cathedral. All are welcome. Those attending only the Novena are to be seated at the loft opposite the Choir. Parishioners can also submit your petition request or letter of thanksgiving through the google online form at <https://forms.gle/oTqtZMQsr1hC5PDr6>.

## **ONLINE CALVARY HOUR OF MERCY**

Day	Language	Time	Zoom link
Sunday	English	2:55 pm - 4:00 pm	<a href="https://us02web.zoom.us/j/86178307498?pwd=UVZ6MTdJSmRyeDZwUTMweC95UFBDbDdz09">https://us02web.zoom.us/j/86178307498?pwd=UVZ6MTdJSmRyeDZwUTMweC95UFBDbDdz09</a> Meeting ID: 861 7830 7498 Passcode: prayhour
Monday	English		
Tuesday	Mandarin		



**3 O'CLOCK**

## **THE HOUR OF GREAT MERCY**

**YOU are invited to our  
Daily Devotion to  
THE DIVINE MERCY**

**Time: 3pm**

**Venue: Day Chapel, St. Joseph's Cathedral**

## **DIVINE MERCY PROMISES**

**"...you can obtain everything  
for yourself and for others for  
the asking;  
it was the hour of grace  
for the whole world."**

**"... Through the CHAPLET  
you will obtain everything,  
if what you ask for is  
compatible with My will."**

**"By means of this IMAGE I shall grant many  
graces to souls. It is to be a reminder of the  
demands of My mercy, because even the  
strongest faith is of no avail without works."**

**"Tell me about everything, be sincere in dealing  
with Me, reveal all the wounds of your heart.  
I will heal them, and your suffering will become a  
source of your sanctification.**

**A suffering soul is closest to My Heart."**





~耶稣我信赖祢~

# 华语 上主慈悲敬礼



每逢周六下午三时正  
于  
圣若瑟堂区中心二楼  
圣母玛利亚祈祷室

\*欢迎教友们踊跃参加\*

**DIVINE MERCY DEVOTION IN MANDARIN** is held every Saturday, 3:00 pm at Mother Mary Prayer Room, 1<sup>st</sup> floor, Parish Centre. All are welcome!

**DONATIONS FOR THE UNDERPRIVILEGED** - Please continue to support the **Catholic Welfare Services** financially as we minister to the poor and needy in our midst irrespective of race or creed. Parishioners may donate to C.W.S. via **S Pay Global by scanning this QR code**. Verify that the recipient is '**Catholic Welfare Services**' before confirming the transaction. Parishioners may also do **online transfer or cash deposit** to the following:



Catholic Welfare Services

**Catholic Welfare Services Council Sarawak**  
**Maybank Bhd Account Number: 511234019806**

Please contact or WhatsApp **Ms. Angelina William Hp: 010-6581641 / Tel: 082-241407** once you have made the donation. Tax Exempt Receipts will be issued accordingly.

**BAPTISM OF BABIES** is conducted in English or Bahasa Malaysia in the Cathedral. **Parents with babies to be baptised are to register online at [https://formfaca.de/sm/y2oT0Qf\\_P](https://formfaca.de/sm/y2oT0Qf_P)** and upload the scanned copy of all the required documents stipulated below:

Parents	Sponsor (Godparent)
<ul style="list-style-type: none"><li>✓ Your child's Birth certificate or Adoption certificate</li><li>✓ MyKid (if any)</li><li>✓ Family Record Book</li></ul>	<ul style="list-style-type: none"><li>✓ MyKad (or Passport)</li><li>✓ Baptismal certificate</li><li>✓ Confirmation certificate</li><li>✓ Family Record Book or Marriage certificate (issued by Catholic Church)</li></ul>

**Only Parents who have submitted complete set of the required documents will be accepted and the Parish Office will inform you when and where to attend the Rite of Baptism in due course.** You will then be required to send in your original Family Record Book for updating before the actual rite.

***According to Canon Law # 874, a Sponsor (Godparent) must be a baptised, confirmed and practising Catholic. If married, his / her marriage must already be blessed in the Catholic Church. (This does not apply to those who were not Catholics [both husband & wife] at the time of their civil marriage).***

**THE SSVF THRIFT SHOP** is open **every Sunday** from **10:00 am to 1:00 pm**. All proceeds will be for the poor and needy. Please support!



## **SARAWAK GENERAL HOSPITAL (SGH) APPEAL FOR BLOOD DONATION**

Parishioners are encouraged to donate blood at **SGH Blood Bank anytime from Monday to Friday, 7:30 am till 4:00 pm.** For inquiries, please call the SGH Blood Bank Tel. No.: 082-276797 or 010-8578909 (Mr. Borhan).

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