

ST. JOSEPH'S CATHEDRAL

Church Notice

PENTECOST SUNDAY ~ 19th May 2024 ~

Tel.: 082-423424 Website: stjosephkuching.org Email: sjcoffice@yahoo.com.my

<u>THE SECOND COLLECTION</u> this week is for the Archdiocesan Curia & Cathedral Pastoral Centre Operations & Maintenance Fund.

THE SECOND COLLECTION last weekend for the Archdiocesan Social Communications Committee amounted to RM9,030/-. Thank you for your generous contribution

<u>PARISH FAMILY DAY 2024</u> - COUPONS are on sale at the entrances. <u>PRE-SALE</u> will also be conducted by registered Pre-sale Operators at the brown canopy area outside the Cathedral **every weekend**. Please render them your fullest support.

DAILY RECITATION OF THE HOLY ROSARY will be held as follows in the month of May:

- ➤ Weekends: Half an hour before Saturday Sunset & Sunday Masses in the Cathedral.
- ➤ Monday Thursday: 8:00 pm at the Cathedral's Shrine of Our Lady.
- Friday: 7:00 pm at Carmelite Chapel before the usual Friday Holy Hour at 7:30 pm.



16TH KUCHING COMPANY BOYS' BRIGADE is organising a 'Breakfast Sale' this Sunday from 6:00 am to 1:00 pm at the Parish Gallery.

GROWTH is a **Ministry to People with Disabilities**. Holy Mass for GROWTH Ministry will be celebrated **this Sunday**, **1:00 pm** at the Day Chapel. All are welcome!

<u>PENTECOST RALLY</u> (led by His Grace, Archbishop Simon Poh) is organised by the Archdiocesan Charismatic Renewal Team on this Sunday from 2:30 pm to 4:00 pm at the Cathedral. All are welcome!

THE NEW 16TH PARISH PASTORAL COUNCIL (PPC) will be installed by His Grace, Archbishop Simon Poh this Sunday during the 5:00 pm Mass. The new PPC office bearers, ex-officio and members are as follows:

Office Bearers

Chairman: Aloysius Lai Vice-Chairman: Paul Wong

Honorary Secretary: Bernadine Sammy

Assistant Secretary: Julian Jong

Ex-Officio

Charmaine Foong (Parish Admin. & Accounts) Sr. Rowena Patrick (SSFS)

Members

- 1. Ambrose Cheng
- 2. Cornelius Wong
- 3. Ewincy Rebin
- Francesca Lau
- Jessica Ting
- 6. John Edward 7. Kenny Simon
- 8. Lawrence Jamblee
- 9. Nelly Chin
- 10. Paulus Lawrence Gulih
- 11. Ralph Balan

TEACHERS' DAY MASS 2024

"EMPOWERING EDUCATORS: LISTENING TO THE LORD. BUILDING RESILIENCE "

ORGANISED BY: SARAWAK CATHOLIC TEACHERS' GUILD

MORE INFORMATION

O168984626 (Cikgu Stella - SMK St Joseph) O1114O13522 (Mr Leeroy Garet, St Ann's Parish) 0168771063 (Cikgu Michelle Muroh - SMK Kuching High) DATE: 22.05.2024 (WED)

TIME: 8:00 AM **VENUE: ST JOSEPH'S**

CATHEDRAL, KUCHING



PROGRAMME:

8:00 REGISTRATION (WALK-IN) 8:30 PRAISE & WORSHIP 8:45-9:45 RECOLLECTION BY FR EUGENIO G. MAGLASANG, SDB

10.00 HOLY MASS BY HIS GRACE ARCHBISHOP SIMON POH 11:00 BRUNCH & FELLOWSHIP

REGISTER NOW

To register, click this link https://forms.gle/zZPm292u47ZgtDUG9



ANNUAL TEACHERS' DAY CELEBRATION 2024 will be organised by the Sarawak Catholic Teachers' Guild on Wednesday, 22nd May, 8:00 am to 11:00 am at the Cathedral. To register, click this link: https://forms.gle/zZPm292u47ZgtDUG9

GAZETTED PUBLIC HOLIDAYS - The Parish Office, SJC Counselling Centre, Library and History Gallery will be closed on Wednesday, 22nd May.

For sick calls during public holidays and after office hours, please call **016-8922633**. During normal office hours, please call the Parish Office at 082-423424.



CATHOLIC FUNERAL & BURIAL SERVICE - The Catholic Mutual Renefit Society (CMRS) of the Kuching Archdiocese provides assistance

Benefit Society (CMBS) of the Kuching Archdiocese provides assistance to be reaved families at the time of death. Their services include providing advice regarding Christian rituals, cemetery plots, columbarium, caskets, transportation, arrangement for funeral masses, wake prayers for the dead, etc..

For more information regarding membership or in time of need / bereavement, **Catholics** are advised to contact the following persons for assistance to avoid unnecessary hassle and confusion with regards to Catholic funeral rites and services:

CMBS Office: Beatrice Mary Goh (Tel: 082-244493) On-call: Christopher Chin (Hp: 019-8563438)

ONLINE REGISTRATION FOR MASS OFFERING (MO) & COMBINED REQUIEM MASS (CRM) - Parishioners may offer Mass online via the below links:

Туре	Link
Mass Offering (MO)	https://forms.gle/APkbscLMAG2Bcd7F9
Combined Requiem Mass (CRM)	https://forms.gle/yNixf4JrhMN61Z9h9

To offer Mass, parishioners can also visit our Parish website: https://stjosephkuching.org. If you face any difficulty registering using the above links, please email your queries to sjcoffice@yahoo.com.my and our admin staff will attend to you soonest.

Mass Offering (MO) intentions will be offered by our priests privately on a daily basis except on Sunday. Any request for a mass to be said for your prayer intention on a 'specified' date must be submitted to the Parish Office at least one week in advance. Otherwise, your prayer intentions will be offered up at any time (at the discretion of our priests).

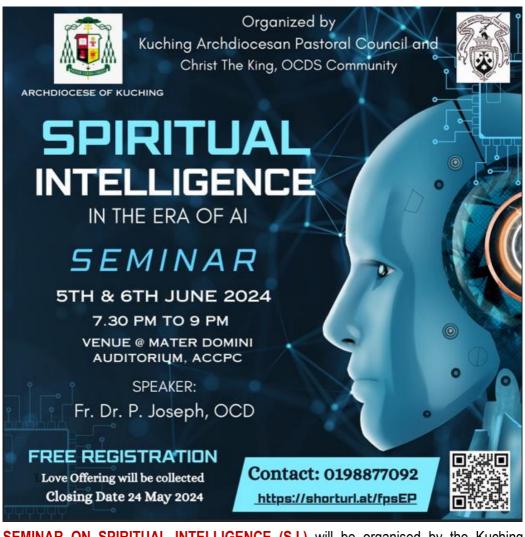
Intentions for Combined Requiem Mass (CRM) in May will be offered on Friday, 24th May. Please send in your CRM form with proof of payment by Thursday, 23rd May before 12:00 noon.

Note: The stipend (money) given by the Christian faithful for a Mass to be offered for a particular intention is not a fee but an expression of our gratitude to God and our contribution to the Church. Official receipts will be issued by the Parish Office accordingly.

<u>GAWAI THANKSGIVING MASS</u> will be celebrated on Friday, **24**th **May**, **8:00 pm** at the Cathedral, All are welcome!

In view of the Gawai Mass, please note that the following will be cancelled that evening:

- (i) 5:30 pm daily Mass at the Weekday Chapel
- (ii) 7:00 pm Rosary Recitation at Carmelite Chapel
- (iii) 7:30 pm Holy Hour at the Carmelite Chapel



SEMINAR ON SPIRITUAL INTELLIGENCE (S.I.) will be organised by the Kuching Archdiocesan Pastoral Council in collaboration with OCDS community on 5th & 6th June, 7:30 pm to 9:00 pm at the Mater Domini Auditorium, Level 2, A.C.C.P.C..

Rev. Fr. Dr. P. Joseph, OCD, will enlighten us on how SI can help us in deepening our moral purpose, inner strength and meaning in life, by capitalising on technology. Spiritual Intelligence enables us to use Artificial Intelligence to explore a deeper connection between the world, self and future existence. Just scan the QR code or click on the link to register: https://shorturl.at/fpsep. Registration is FREE on a first come, first served basis. Closing date for registration is 24th May.

ONLINE MARRIAGE PREPARATION COURSES (for parishioners from Kuching Archdiocese only) will be conducted on 2 consecutive weekends on 8th, 9th & 15th, 16th June in English and on 20th, 21st & 27th, 28th July in Mandarin. Couples planning to get married are advised to attend these courses 6 months (preferably more than 6 months) before their intended church wedding. Proficiency in English or Mandarin is a prerequisite to register for these online courses conducted via Zoom. The registration fee is RM60 per couple (including one set of coursebook). Registration will be open from 6th to 24th May OR when we reach the maximum capacity for each session (whichever comes first). Please register early via this link: https://sites.google.com/view/sjc-premarriage-course/home

MARRIAGE PREPARATION COURSE in Bahasa Malaysia will be conducted physically on one weekend on 8th & 9th June at the A.C.C.P.C.. Couples planning to get married are advised to attend these courses 6 months (preferably more than 6 months) before their intended church wedding. The registration fee is RM120 per couple (inclusive of lunch / tea breaks and books). Registration is open from 6th to 24th May OR when we reach the maximum capacity for each session (whichever comes first). Please register early via this link: https://sites.google.com/view/sjc-pre-marriage-course/home



CHOICE WEEKEND for single working adults (aged between 21 - 45 years) will be held on 14th to 16th June in English and 28th to 30th June in Mandarin at St. Lukas Centre, Kota Padawan. Registration forms are available at https://sites.google.com/view/choicekuching or by scanning the QR code. Closing date for registration is 27th May for English and 9th June for Mandarin.

Introductory Reading Knowledge Workshop (Mandarin)

Introductory Session

Date: 14/6/2024 (Friday)

Time: 8.30 pm

Venue: Holy Trinity Church Registration Fees: Free

Open to all

Angeline Chng has a master's in Theology and is interested in leveraging on her experience in media for evangelisation and faith formation.

- Licentiate In Sacred Theology (Specialization: Dogmatic Theology) - July 2020
- Baccalaureate in Sacred Theology, Master of Divinity - July 2017

Registration Deadline 2/6/2024



SCAN ME

Session 1

Date: 15 - 16/6/2024 (Saturday & Sunday)

Venue: Holy Trinity Church Good Shepherd Hall

Registration Fees: RM50 per pax

include meal & Refreshments

For age 13 - 35 years old

REGISTER NOW

Session 2

Date: 22 - 23/6/2024 (Saturday & Sunday)

Venue: HTC Good Shepherd Hall

Registration Fees: RM50 per pax include

meal & Refreshments

For 36 years old and above

For more information, please contact the below:

Control Rachel 张明盈 016 - 878 1502 Vivian 张小燕 013 - 822 9603

INTRODUCTORY BIBLE READING KNOWLEDGE WORKSHOP will be conducted in **Mandarin** by Angeline Ch'ng at the Holy Trinity Church, Kenyalang:

- > INTRODUCTORY SESSION is free and open to all on Friday, 14th June at 8:30 pm.
- > SESSION 1 (for ages 13 35 years) is on 15th & 16th June.
- > SESSION 2 (for 36 years & above) is on 22nd & 23rd June.

Registration form is available at https://forms.gle/k3nLjxuUtBd7LrSi6 or by scanning the QR code. Registration fees for Session 1 / 2 is RM50 per pax (inclusive of meal & refreshments). Closing date for registration is Sunday, 2nd June.

WESTERN AUSTRALIAN MATRICULATION (AUSMAT) PROGRAMME is being offered by **St. Joseph's International School**. The first intake will commence on **24**th **June 2024**. For more information, please call 082-411575 or 082-550575.

SCHOLARSHIP 2025 FOR ST. JOSEPH'S PRIVATE SCHOOL - Students who are in Primary Six this year are invited to apply. The monthly household income must not exceed RM4,000. The Scholarship will cover school fees, allowance, uniform and text books on loan starting from Form One 2025 academic year. Forms are available at SJC Parish office, www.ylk.org.my or YLK office. Please submit the duly-completed application form to Yayasan Lasallian Kuching Office OR to YLK email: ylkuching@gmail.com before Friday, 29th June. For further query, please contact Allan Tan @ Hp: 010-9726135.



INTAKE: 1 JULY & 7 OCT 2024

VISIT US ON OPEN DAY

Date: 4.5.2024 / 24.8.2024

Time: 08.30am - 12.30pm

Venue: TUN TAN CHENG LOCK

COLLEGE OF NURSING, PJ

- 2 Full Scholarships in 1 Package
- Diploma in Nursing & Specialization Course (Post Basic) Scholarship
- Attractive Monthly Allowance
- Guaranteed Employment in Assunta Hospital

APPLY NOW!

Via website or drop us an email

For more information, contact:

© 03 78723000

@ 011 5646 1642

www.assuntacollege.edu.my

ttcl@assunta.com.my

*T&C applies



R2/723/4/0066 (MQA/FA7201) 03/2

TUN TAN CHENG LOCK COLLEGE OF NURSING (also known as Assunta College of Nursing) is located in Petaling Jaya, Selangor. The college is dedicated to provide comprehensive education and training to aspiring students to evolve into becoming competent professional nurses. They are currently offering SCHOLARSHIPS to deserving candidates to pursue a 3-year Diploma in Nursing programme. The two certifications are Diploma in Nursing and Specialization Course (Post Basic Course). Selected candidates will have the opportunity to pursue their specialization course (Post Basic) in various nursing fields after working for more than 2 years in Assunta Hospital. Their new intakes will commence on 1st July 2024 and 7th October 2024 respectively. Candidates can apply via the college website at https://www.assuntacollege.edu.my.

The Assunta team will be in Kuching on Sunday, **9**th **June**, **10:00 am to 1:00 pm** at St. Mary Function Hall, Level 2, A.C.C.P.C. to conduct walk-in interviews.

RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA) & ADULT CONFIRMATION

<u>SESSIONS (2024 - 2025)</u> will begin in July 2024. Invitation is extended to all adults who are interested to learn more about the Roman Catholic faith to come and join us. These sessions are not only for those seeking to be baptised but also for those who would like to know or be refreshed on the teachings of the Church. Registration for session 2024 - 2025 is now open as per below:

ENGLISH STREAM

RCIA & Adult Confirmation

Commencement Date: 4th July 2024

Faith Formation Sessions: Every Thursday

Time: 7:30 pm - 9:00 pm

Venue: Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C.

(within St. Joseph's Cathedral compound)

Registration Link: https://forms.gle/hjGEPAoSvRuE9vMe6

MANDARIN STREAM

RCIA & Adult Confirmation

Commencement Date: 4th July 2024

Faith Formation Sessions: Every Thursday

Time: 7:30 pm - 9:00 pm

Venue: St. Rose Conference Room, Level 2, A.C.C.P.C.

(within St. Joseph's Cathedral compound)

Registration Link: https://forms.gle/HYC9xJMZLb7LAu2z8

BAHASA MALAYSIA STREAM

(1) 'Inisiasi Kristian Dewasa' (IKD)

Commencement Date: 7th July 2024

Faith Formation Sessions: Every Sunday

Time: 1:30 pm - 3:30 pm

Venue: Level 2, A.C.C.P.C. (within St. Joseph's Cathedral compound)

Registration Link: https://forms.gle/XKYUsov9HEoh6StZ6

(2) Adult Confirmation

Commencement Date: 7th July 2024 Faith Formation Sessions: Every Sunday

Time: 1:30 pm - 3:30 pm

Venue: St. Augustine room, Ground Floor, St. Joseph's Parish Centre

Registration Link: https://forms.gle/ScbuwX5xJdn7B3ac7



KUCHING ARCHDIOCESAN YOUTH DAY (KAYD) 2024 - Youths all over our Archdiocese are invited to join and celebrate KAYD 2024 from 14th to 16th September at the A.C.C.P.C.. Pope Francis invites us all to deepen our understanding of hope rooted in God and to witness joyfully that Christ is alive! Registration forms are available at all Parish Offices or via every Parish Youth Ministry.



www.kuchingcjc.com

THE BUNAN RESILIENCE PROJECT is a pilot project of the Archdiocese of Kuching to support the farmers of Bunan by marketing their produce in Kuching. By doing so, we help them to remain economically resilient in the face of growing uncertainties. Visit https://kuchingcjc.com/ and order fresh, locally-grown produce for your family while supporting an entire community!

Orders received by Thursday noon each week can be collected on Saturday mornings at either the A.C.C.P.C. Car park (St. Joseph's Cathedral ground) OR Holy Trinity Church, Kenyalang. Payment is by cash during pick-up. In the future, we hope to establish more pick-up centres at other parishes. Come support the Bunan Resilience Project TODAY!

Kuching Catholic Cemeteries & Columbaria Services Archdiocese of Kuching



Please return your donation-envelopes into the collection bags of your respective parishes.

Thanking you in advance for your continuous support!

THE CUSTODIAN CEMETERIES & COLUMBARIA ARCHDIOCESE OF KUCHING

OR
Use online banking for Donation to:
THE ARCHBISHOP OF KUCHING
MAYBANK ACCOUNT
MBB 5112 5200 0808
For KCCCS



Kuching Catholic Cemeteries & Columbaria Services The Custodian Archdiocese of Kuching

"PROTECT OUR EARTH, PROTECT OUR CHILDREN" CAMPAIGN

1 September 2020 – 31 August 2025

An urgent nationwide Catholic campaign to protect all life on Earth
"Choose life that you and your children may live" Deut 30:19



THEME FOR YEAR 4:

CUT FUEL CONSUMPTION

1 Sept 2023 – 31 Aug 2024



Burning petroleum is a major contributor to greenhouse gases that are warming up the planet to dangerous levels. Transportation accounts for 14% of greenhouse gas emissions. It also causes air pollution which kills 8.8 million people a year. Travel less. Save your children's future.

All parishes, church organisations/offices/houses of formation, and all the faithful are earnestly called to implement & promote these practices now:

1. CUT TRANSPORT-FUEL CONSUMPTION

- · Reduce use of petrol/diesel for parish vehicles & equipment
- · Reduce use of vehicles. Plan multiple tasks per trip
- Give up at least one international flight per year per person
- · Conduct e-meetings instead of face-to-face meetings
- Carpool
- Use public transportation
- Buy local food rather than imported food
- Reduce online purchases

2. PRAY FOR AND WITH ALL CREATION DAILY

BISHOP JOSEPH HII D.D.

President of the Episcopal Commission for Creation Justice of Malaysia, Singapore & Brunei <u>SJC COUNSELLING CENTRE</u> is offering counselling service and emotional support for individuals, couples, family and support groups for various issues.

Monday - Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	Please call, WhatsApp or email to: Counselling Office Tel: 082-258046 Email: sjckch.counsellor@gmail.com
Saturday	8:00 am - 12:00 noon	Kimberly Hp: 018-3539799 Nelly Hp: 018-2529899

Note:

- The centre is closed on Sunday, Public Holiday & Church Holy Days of Obligation.
- Love-offering for the church will be collected from our clients.

OPENING HOURS

Church Offices	SJC Parish Office	SJC Catechetical Office	Parish Library & Archdiocesan History Gallery
Monday to Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	9:00 am - 12:00 noon, 1:30 pm - 5:30 pm
Saturday	8:00 am - 12:00 noon, 2:00 pm - 4:30 pm	8:00 am - 12:00 noon	2:00 pm - 6:00 pm
	082-423424 / 423425 (Front Office Staff: Annie / Joanna)	082-412650 (Catechetical Staff: Sarah / Ronita / Angeline)	082-420802 (Library Staff: Irene)
Contact Nos.	WhatsApp: 082-423424 OR go to https://wa.me/6082423424	WhatsApp: 082-412650	
	Email: sjcoffice@yahoo.com.my	Email: sjckch.faithformation@ gmail.com	

Note:

- The above offices are closed on Sunday, Public Holiday & Church Holy Days of Obligation.
- For sick calls after normal office hours, please contact Hp: 016-8922633.

HOLY CROSS CENTRE (located at No. 681, Lorong 1, Jalan Bayor Bukit, Tabuan Jaya, 93350 Kuching. Tel.: 082 363945) is open every Monday, Tuesday and Wednesday from 9:30 am till 12:30 pm. Wearing face mask is compulsory. Praying over and consultation will be done at the porch area. (The centre is closed on public holidays, major church feast days, or otherwise informed.) The Holy Cross Ministry's weekly Fellowship is held every Tuesday from 7:30 pm to 9:00 pm at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C. (except on public holidays).

DAILY MASS & HOLY HOUR SCHEDULE

Venue	Daily Mass	Holy Hour
Carmelite Chapel	Monday - Saturday, 7:00 am (English)	Friday, 7:30 pm (English)
Weekday Chapel, St. Joseph's	Monday - Friday, 5:30 pm (English)	-
Cathedral		

WEEKEND MASS SCHEDULE

Venue	Day	Time	Language	Remarks
St. Joseph's Cathedral	Saturday	6:00 pm	English	• Car park in front of the
	Sunday	7:00 am*	English	Cathedral is RESERVED for cars ferrying elderly
		9:00 am*	Mandarin	passengers, particularly those with special needs and those with walking difficulty.
		11:00 am*	BM	
		5:00 pm	English	After Mass, the back gate next
Carmelite Chapel	Sunday	8:00 am	English	to the Sarawak Club will be opened for cars to exit the Cathedral compound.

^{*}Live-stream Mass.

Please go to https://www.facebook.com/arch.kuching

IMPORTANT REMINDER

Please do not attend Holy Mass in Church if you feel unwell with fever, cough, sore throat or flu-like symptoms. Stay home and follow the live-streamed Mass instead.

GENERAL REMINDER

Parishioners are reminded to show reverence to the Lord and consideration for others as follows. We seek your kind cooperation and understanding so that we can all worship comfortably as a Church:

- Please arrive early and be seated at least 10 minutes before Mass begins to avoid causing unnecessary interruption or distraction.
- The sacredness of the Eucharistic celebration urges all participants to dress appropriately when entering the Church for Holy Mass and manifest the importance of what we are doing as a worshipping community.
- Wearing of face masks in Church is no longer mandatory but highly encouraged, especially in crowded and closed environment.
- Those sick with flu-like symptoms (e.g. fever, cough, runny nose, etc.) are to exercise prudence and refrain from joining the congregation in Church.

PROPER ATTIRE

T-SHIRT OR LONG SLEEVES



BLOUSE WITH SLEEVES



POLO SHIRT OR COLLARED SHIRT



KNEE-LENGTH DRESS WITH SLEEVES



JEANS OR SLACKS



KNEE-LENGTH SKIRTS



SHOES

IMPROPER ATTIRE



SLEEVELESS AND
PLUNGING NECKLINES



TUBES AND RACERBACKS



SINGLETS



SHORT SKIRTS



SHORTS



CAP



SLIPPERS

WEEKLY MASS COLLECTION AND DONATIONS

Parishioners are encouraged to <u>contribute weekly</u> to help defray the Cathedral's operations and maintenance cost.

Please make your donations via S Pay Global by scanning this QR code. Verify that the recipient is 'St. Joseph's Cathedral' before confirming the transaction.

You may also drop your weekly donations into the big wooden Collection Boxes placed at the Cathedral entrances OR do online transfer or cash deposit to St. Joseph's Cathedral Bank Account as follows:



St. Joseph's Cathedral

Archbishop of Kuching Saint Josephs Cathedral Maybank Bhd Account Number: 511038613081



<u>PENITENTIAL SERVICES</u> - Priest will be available to hear confessions half an hour before the Sunset and Sunday Masses at the Blessed Sacrament Chapel. Please maintain physical distancing and do not congregate at the area while waiting for your turn to make your confession.

Kindly adhere to the following SOP. Penitents are to:

- ☑ Keep face mask on at all times.
- ☑ Be well-prepared to make confession without undue delay.
- ☑ Perform penance after returning to seat in the Church.
- ☑ Bring own hand sanitiser.

THE NOVENA DEVOTION TO OUR LADY OF PERPETUAL HELP is held every Saturday at 5:00 pm before the 6:00 pm English Sunset Mass at St. Joseph's Cathedral. All are welcome. Those attending only the Novena are to be seated at the loft opposite the Choir. Parishioners can also submit your petition request or letter of thanksgiving through the google online form at https://forms.gle/oTqtZMQsr1hC5PDr6.

ONLINE CALVARY HOUR OF MERCY

Day	Language	Time	Zoom link
Sunday	English	2:55 pm - 4:00 pm	https://us02web.zoom.us/j/861783074983
Monday	English		FBDdz09
Tuesday	Mandarin		Meeting ID: 861 7830 7498 Passcode: prayhour



3 O'CLOCK

HE HOUR OF **GREAT MERCY YOU are invited to our Daily Devotion to** THE DIVINE MERC

Venue: Day Chapel, St. Joseph's Cathedral Time: 3pm

DIVINE MERCY PROMISES

"...you can obtain everything for vourself and for others for the asking: it was the hour of grace for the whole world."

"... Through the CHAPLET you will obtain everything. if what you ask for is compatible with My will."



"By means of this IMAGE I shall grant many graces to souls. It is to be a reminder of the demands of My mercy, because even the strongest faith is of no avail without works."

fell me about everything, be sincere in dealing with Me, reveal all the wounds of your heart. I will heal them, and your suffering will become a source of your sanctification.

A suffering soul is closest to My Heart."



<u>DONATIONS</u> FOR THE UNDERPRIVILEGED - Please continue to support the Catholic Welfare Services financially as we minister to the poor and needy in our midst irrespective of race or creed. Parishioners may donate to C.W.S. via S Pay Global by scanning this QR code. Verify that the recipient is 'Catholic Welfare Services' before confirming the transaction. Parishioners may also do online transfer or cash deposit to the following:



Catholic Welfare Services

Catholic Welfare Services Council Sarawak
Maybank Bhd Account Number: 511234019806

Please contact or WhatsApp **Ms. Angelina William Hp: 010-6581641 / Tel: 082-241407** once you have made the donation. Tax Exempt Receipts will be issued accordingly.

<u>BAPTISM OF BABIES</u> is conducted in English or Bahasa Malaysia in the Cathedral. Parents with babies to be baptised are to register online at https://formfaca.de/sm/y2oT0Qf_P and upload the scanned copy of all the required documents stipulated below:

Parents	Sponsor (Godparent)
✓ Your child's Birth certificate or	✓ MyKad (or Passport)
Adoption certificate	✓ Baptismal certificate
✓ MyKid (if any)	✓ Confirmation certificate
✓ Family Record Book	✓ Family Record Book or
	Marriage certificate (issued by Catholic Church)

Only Parents who have submitted complete set of the required documents will be accepted and the Parish Office will inform you when and where to attend the Rite of Baptism in due course. You will then be required to send in your original Family Record Book for updating before the actual rite.

According to Canon Law # 874, a Sponsor (Godparent) must be a baptised, confirmed and practising Catholic. If married, his / her marriage must already be blessed in the Catholic Church. (This does not apply to those who were not Catholics [both husband & wife] at the time of their civil marriage).

<u>THE SSVP THRIFT SHOP</u> is open every Sunday from 10:00 am to 1:00 pm. All proceeds will be for the poor and needy. Please support!

REMINDER TO ALL DONORS

Kindly donate goods & clothing that are in decent and sellable condition to the SSVP Thrift Shop. Your kind understanding and cooperation is greatly appreciated.

SARAWAK GENERAL HOSPITAL (SGH) APPEAL FOR BLOOD DONATION

Parishioners are encouraged to donate blood at **SGH Blood Bank anytime from Monday to Friday**, **7:30 am till 4:00 pm**. For inquiries, please call the SGH Blood Bank Tel. No.: 082-276797 or 010-8578909 (Mr. Borhan).



Diving into the beauty of the Faith has never been easier: at home, on the go, or from any internet connected device.

Discover thousands of books, audio talks, movies, documentaries, and studies... there is something for every member of the family to help them grow closer to Christ and His Church.



Over 4,000 titles - now available on almost any device!









Dozens of new features - all to help you enjoy the best in Catholic content

Already have a FORMED Account?

- 1. Visit FORMED.org
- 2. Click Sian In
- 3. Enter your email
- 4. Click the link in your email
- 5. You're in! No more passwords!

Registering on FORMED is easier than ever!

- 1. Go to FORMED.org/signup
- Enter your parish zip code or name to select your parish
- 3. Enter your name and email

Zip code: 93000

Parish: Archdiocesan Curia and Cathedral Pastoral Centre

Visit FORMED.org or search for "Formed" on your favorite app store

FORMED: FREE ONLINE CATHOLIC FAITH RESOURCES - Please refer above for instruction to register for free at FORMED.org/signup and download the FORMED App to your phones where you can access the best Catholic audio talks, Christian movies, e-books and study programs at your fingertips to help you grow in your faith, in relationships with family, find deeper peace with God and share your belief with others.