

ST. JOSEPH'S CATHEDRAL

Church Notice

SIXTH SUNDAY OF EASTER ~ 5th May 2024 ~

Tel.: 082-423424 Website: stjosephkuching.org Email: sjcoffice@yahoo.com.my

THE SECOND COLLECTION this week will be for the **On-going Formation of Priests**.

<u>PARISH FAMILY DAY 2024</u> - COUPONS are on sale at the entrances. <u>PRE-SALE</u> will also be conducted by registered Pre-sale Operators at the blue canopy area outside the Cathedral **every weekend**. Please render them your fullest support.

THE SALE OF TODAY'S CATHOLIC takes place next weekend at the church entrances. They are selling at cost (i.e. only RM2.50 per copy). We urge every family to get a copy to support this worthy effort of the Archdiocesan Social Communications Committee.

SOLEMNITY OF THE ASCENSION falls on Thursday, 9th May. This is a Holy Day of Obligation. The Parish Office, SJC Counselling Centre, Library and History Gallery will be CLOSED on Ascension Thursday. For sick calls during public holidays and after office hours, please call 016-8922633. During normal office hours, please call the Parish Office at 082-423424. Holy Mass will be celebrated as follows:

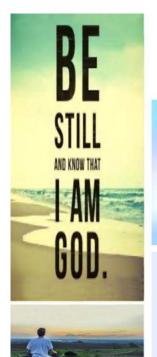
Date	Venue	Time (Language)	
		6:00 pm (Mandarin) The 5:30 pm daily Mass will be	
Sunset Mass Wednesday, 8 th May	Cathedral	8:00 pm (English)	
		The Rosary recitation will begin at 7:30 pm in the Cathedral (NOT 8:00 pm at Our Lady's Shrine)	
	Carmelite Chapel	7:00 am (English)	
		7:00 am* (English) 9:00 am (English)	
Mass of the Solemnity Thursday, 9 th May	Cathedral	5:30 pm (English) 7:30 pm (Bahasa Malaysia) The Rosary recitation will begin at 7:00 pm in the Cathedral (NOT 8:00 pm at Our Lady's Shrine)	

^{*}Live-stream Mass.

DAILY RECITATION OF THE HOLY ROSARY will be held as follows in the month of May:

- ➤ Weekends: Half an hour before Saturday Sunset & Sunday Masses in the Cathedral.
- > Monday Thursday: 8:00 pm at the Cathedral's Shrine of Our Lady.
- Friday: 7:00 pm at Carmelite Chapel before the usual Friday Holy Hour at 7:30 pm.

NOVENA TO THE HOLY SPIRIT will be held during the daily Masses from 10th to 18th May to pray for a great outpouring of the Holy Spirit upon our Archdiocese.





An Introduction to **Christian Meditation Workshop**



Date: 11th May 2024 (Saturday)

Time: 8:30am - 4:30pm Fee: RM20

Venue: ACCPC (2nd Floor, St Joseph Meeting Room) Cathedral Parish of St Joseph, Kuching

Christian Meditation is a tradition of prayer that focuses on the presence of the Spirit of Christ in our heart.

In Fr John Main's words, the purpose of Christian Meditation is "learning to step back and to allow God to come to the forefront of life".

The WCCM (World Community for Christian Meditation) St Joseph's Cathedral Parish, Kuching is holding a one day (8:30 - 4:30pm) introductory to Christian Meditation on 11 May 2024 at ACCPC, Kuching.

Christian Meditation is a form of contemplative prayer and spiritual journey within. BE STILL AND KNOW I AM GOD (Psalm 46:10).

Those interested, please contact Alexandra Wong (011 3591 3159) or Christina Law (016 898 9978).

- Workshop is led by Fr Gerard Theraviam (Spiritual Director of WCCM Malaysia).
- Workshop will be conducted in English.
- Light refreshment and lunch will be provided.
- The closing date is on 7 May 2024.
- All are welcome.

The World Community for Christian Meditation https://wccm.org/ https://www.wccmmalaysia.org/





Continues the work started by Fr John Main and is now the Director of The World Community for

THE WORLD COMMUNITY FOR CHRISTIAN MEDITATION (WCCM) of the Cathedral Parish is organising a one day 'Introduction to Christian Meditation Workshop' in English on Saturday, 11th May from 8:30 am to 4:30 pm at St. Joseph Meeting Room, Level 2, A.C.C.P.C..

The main speaker is Fr. Gerard Theraviam (WCCM Spiritual Director) and Mr. Roland Victor (Council Member of WCCM). Interested, please contact Alexandra Wong @ 011-3591 3159 or Christina Law @ 016-898 9978 latest by Tuesday, 7th May.

CATHOLIC RELIGIOUS RADIO BROADCAST in Mandarin by Fr. Leonard Yap will be on the air (REDfm 91.9) on Sunday, 12th May at 6:45 pm.



16TH KUCHING COMPANY BOYS' BRIGADE is organising a 'Breakfast Sale' on Sunday, 19th May from 6:00 am to 1:00 pm at the Parish Gallery.

GROWTH is a **Ministry to People with Disabilities**. Holy Mass will be celebrated on the **third Sunday of every month** specially for GROWTH members, family members, caregivers, kind benefactors and anyone interested to serve or support this ministry. The upcoming GROWTH Mass is on Sunday, **19th May**, **1:00 pm** at the Day Chapel. All are welcome!

<u>PENTECOST RALLY</u> (led by His Grace, Archbishop Simon Poh) is organised by the Archdiocesan Charismatic Renewal Team on <u>Pentecost Day</u>, 19th May from 2:30 pm to 4:00 pm at the Cathedral. All are welcome!

<u>GAZETTED PUBLIC HOLIDAYS</u> - The Parish Office, SJC Counselling Centre, Library and History Gallery will be closed on Wednesday, **22nd May**.

For sick calls during public holidays and after office hours, please call **016-8922633**. During normal office hours, please call the Parish Office at 082-423424.

TEACHERS' DAY MASS 2024

"EMPOWERING EDUCATORS: LISTENING TO THE LORD, BUILDING RESILIENCE"

ORGANISED BY: SARAWAK CATHOLIC TEACHERS' GUILD

MORE INFORMATION

0168984626 (Cikgu Stella - SMK St Joseph) 01114013522 (Mr Leeroy Garet, St Ann's Parish) 0168771063 (Cikgu Michelle Muroh - SMK Kuching High) DATE: 22.05.2024 (WED) TIME: 8:00 AM VENUE: ST JOSEPH'S

CATHEDRAL, KUCHING



PROGRAMME:

8:00 REGISTRATION (WALK-IN)
8:30 PRAISE & WORSHIP
8:45-9:45 RECOLLECTION BY FR EUGENIO G. MAGLASANG, SDB
10.00 HOLY MASS BY HIS GRACE ARCHBISHOP SIMON POH
11:00 BRUNCH & FELLOWSHIP

To register, click this link https://forms.gle/zZPm292u47ZgtDUG9



ANNUAL TEACHERS' DAY CELEBRATION 2024 will be organised by the Sarawak Catholic Teachers' Guild on Wednesday, 22nd May, 8:00 am to 11:00 am at the Cathedral. To register, click this link: https://forms.gle/zZPm292u47ZgtDUG9



<u>CATHOLIC FUNERAL & BURIAL SERVICE</u> - The Catholic Mutual Benefit Society (CMBS) of the Kuching Archdiocese provides assistance to bereaved families at the time of death. Their services include providing advice regarding Christian rituals, cemetery plots, columbarium, caskets, transportation, arrangement for funeral masses, wake prayers for the dead, etc..

For more information regarding membership or in time of need / bereavement, **Catholics** are advised to contact the following persons for assistance to avoid unnecessary hassle and confusion with regards to Catholic funeral rites and services:

CMBS Office: Beatrice Mary Goh (Tel: 082-244493) On-call: Christopher Chin (Hp: 019-8563438) LIFE DIRECTION WEEKEND 2024 with the theme: "What do you want me to do for you" (Mark 10:51) will be organised from 24th to 26th May at the Gethsemane Pilgrimage Centre, Bunan for participants who are interested to know more about the priesthood or religious life. Please sign up with your respective Parish Priest before Monday, 13th May. Registration fee is RM50 per head.

Below are some critieria for interested participants:

- ✓ Male or female aged 18 years and above
- ✓ Single & never married
- ✓ School leaver or young working adult
- ✓ Has received the Sacrament of Baptism & Confirmation
- ✓ Committed Christian and willing to explore and live up to God's calling

ONLINE REGISTRATION FOR MASS OFFERING (MO) & COMBINED REQUIEM MASS (CRM) - Parishioners may offer Mass online via the below links:

Туре	Link
Mass Offering (MO)	https://forms.gle/APkbscLMAG2Bcd7F9
Combined Requiem Mass (CRM)	https://forms.gle/vNivf4.lrhMN6179h9

To offer Mass, parishioners can also visit our Parish website: https://stjosephkuching.org. If you face any difficulty registering using the above links, please email your queries to sicoffice@yahoo.com.my and our admin staff will attend to you soonest.

Mass Offering (MO) intentions will be offered by our priests privately on a daily basis except on Sunday. Any request for a mass to be said for your prayer intention on a 'specified' date must be submitted to the Parish Office at least one week in advance. Otherwise, your prayer intentions will be offered up at any time (at the discretion of our priests).

Intentions for Combined Requiem Mass (CRM) in May will be offered on Friday, 24th May. Please send in your CRM form with proof of payment by Thursday, 23rd May before 12:00 noon.

Note: The stipend (money) given by the Christian faithful for a Mass to be offered for a particular intention is not a fee but an expression of our gratitude to God and our contribution to the Church. Official receipts will be issued by the Parish Office accordingly.

<u>GAWAI THANKSGIVING MASS</u> will be celebrated on Friday, **24**th **May**, **8:00 pm** at the Cathedral, All are welcome!

Note: In view of the Gawai Mass, the 5:30 pm daily Mass at the Weekday Chapel and the 7:30 pm Holy Hour at the Carmelite Chapel will be cancelled on 24th May.

ONLINE MARRIAGE PREPARATION COURSES (for parishioners from Kuching Archdiocese only) will be conducted on 2 consecutive weekends on 8th, 9th & 15th, 16th June in English and on 22nd, 23rd & 29th, 30th June in Mandarin. Couples planning to get married are advised to attend these courses 6 months (preferably more than 6 months) before their intended church wedding. Proficiency in English or Mandarin is a prerequisite to register for these online courses conducted via Zoom. The registration fee is RM60 per couple (including one set of coursebook). Registration will be open from 6th to 24th May OR when we reach the maximum capacity for each session (whichever comes first). Please register early via this link: https://sites.google.com/view/sjc-premarriage-course/home

MARRIAGE PREPARATION COURSE in Bahasa Malaysia will be conducted physically on one weekend on 8th & 9th June at the A.C.C.P.C.. Couples planning to get married are advised to attend these courses 6 months (preferably more than 6 months) before their intended church wedding. The registration fee is RM120 per couple (inclusive of lunch / tea breaks and books). Registration is open from 6th to 24th May OR when we reach the maximum capacity for each session (whichever comes first). Please register early via this link: https://sites.google.com/view/sjc-pre-marriage-course/home

WESTERN AUSTRALIAN MATRICULATION (AUSMAT) PROGRAMME is being offered by **St. Joseph's International School**. The first intake will commence on **24**th **June 2024**. For more information, please call 082-411575 or 082-550575.

SCHOLARSHIP 2025 FOR ST. JOSEPH'S PRIVATE SCHOOL - Students who are in Primary Six this year are invited to apply. The monthly household income must not exceed RM4,000. The Scholarship will cover school fees, allowance, uniform and text books on loan starting from Form One 2025 academic year. Forms are available at SJC Parish office, www.ylk.org.my or YLK office. Please submit the duly-completed application form to Yayasan Lasallian Kuching Office OR to YLK email: ylkuching@gmail.com before Friday, 29th June. For further query, please contact Allan Tan @ Hp: 010-9726135.



INTAKE: 1 JULY & 7 OCT 2024

VISIT US ON OPEN DAY

Date: 4.5.2024 / 24.8.2024

Time: 08.30am - 12.30pm

Venue: TUN TAN CHENG LOCK

COLLEGE OF NURSING, PJ

- 2 Full Scholarships in 1 Package
- Diploma in Nursing & Specialization Course (Post Basic) Scholarship
- Attractive Monthly Allowance
- Guaranteed Employment in Assunta Hospital

APPLY NOW!

Via website or drop us an email

For more information, contact:

© 03 78723000

@ 011 5646 1642

www.assuntacollege.edu.my

ttcl@assunta.com.my

*T&C applies



R2/723/4/0066 (MQA/FA7201) 03/2

TUN TAN CHENG LOCK COLLEGE OF NURSING (also known as Assunta College of Nursing) is located in Petaling Jaya, Selangor. The college is dedicated to provide comprehensive education and training to aspiring students to evolve into becoming competent professional nurses. They are currently offering SCHOLARSHIPS to deserving candidates to pursue a 3-year Diploma in Nursing programme. The two certifications are Diploma in Nursing and Specialization Course (Post Basic Course). Selected candidates will have the opportunity to pursue their specialization course (Post Basic) in various nursing fields after working for more than 2 years in Assunta Hospital. Their new intakes will commence on 1st July 2024 and 7th October 2024 respectively. Candidates can apply via the college website at https://www.assuntacollege.edu.my.

The Assunta team will be in Kuching on Sunday, **9**th **June**, **10:00 am to 1:00 pm** at St. Mary Conference Hall, Level 2, A.C.C.P.C. to conduct walk-in interviews.



KUCHING ARCHDIOCESAN YOUTH DAY (KAYD) 2024 - Youths all over our Archdiocese are invited to join and celebrate KAYD 2024 from 14th to 16th September at the A.C.C.P.C.. Pope Francis invites us all to deepen our understanding of hope rooted in God and to witness joyfully that Christ is alive! Registration forms are available at all Parish Offices or via every Parish Youth Ministry.



www.kuchingcjc.com

THE BUNAN RESILIENCE PROJECT is a pilot project of the Archdiocese of Kuching to support the farmers of Bunan by marketing their produce in Kuching. By doing so, we help them to remain economically resilient in the face of growing uncertainties. Visit https://kuchingcjc.com/ and order fresh, locally-grown produce for your family while supporting an entire community!

Orders received by Thursday noon each week can be collected on Saturday mornings at either the A.C.C.P.C. Car park (St. Joseph's Cathedral ground) OR Holy Trinity Church, Kenyalang. Payment is by cash during pick-up. In the future, we hope to establish more pick-up centres at other parishes. Come support the Bunan Resilience Project TODAY!

Kuching Catholic Cemeteries & Columbaria Services Archdiocese of Kuching



Please return your donation-envelopes into the collection bags of your respective parishes.

Thanking you in advance for your continuous support!

THE CUSTODIAN CEMETERIES & COLUMBARIA ARCHDIOCESE OF KUCHING

OR
Use online banking for Donation to:
THE ARCHBISHOP OF KUCHING
MAYBANK ACCOUNT
MBB 5112 5200 0808
For KCCCS



Kuching Catholic Cemeteries & Columbaria Services The Custodian Archdiocese of Kuching

"PROTECT OUR EARTH, PROTECT OUR CHILDREN" CAMPAIGN

1 September 2020 – 31 August 2025

An urgent nationwide Catholic campaign to protect all life on Earth
"Choose life that you and your children may live" Deut 30:19



THEME FOR YEAR 4:

CUT FUEL CONSUMPTION

1 Sept 2023 - 31 Aug 2024



Burning petroleum is a major contributor to greenhouse gases that are warming up the planet to dangerous levels. Transportation accounts for 14% of greenhouse gas emissions. It also causes air pollution which kills 8.8 million people a year. Travel less. Save your children's future.

All parishes, church organisations/offices/houses of formation, and all the faithful are earnestly called to implement & promote these practices now:

1. CUT TRANSPORT-FUEL CONSUMPTION

- · Reduce use of petrol/diesel for parish vehicles & equipment
- · Reduce use of vehicles. Plan multiple tasks per trip
- Give up at least one international flight per year per person
- · Conduct e-meetings instead of face-to-face meetings
- Carpool
- Use public transportation
- Buy local food rather than imported food
- Reduce online purchases

2. PRAY FOR AND WITH ALL CREATION DAILY

BISHOP JOSEPH HII D.D.

President of the Episcopal Commission for Creation Justice of Malaysia, Singapore & Brunei <u>SJC COUNSELLING CENTRE</u> is offering counselling service and emotional support for individuals, couples, family and support groups for various issues.

Monday - Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	Please call, WhatsApp or email to: Counselling Office Tel: 082-258046 Email: sjckch.counsellor@gmail.com
Saturday	8:00 am - 12:00 noon	Kimberly Hp: 018-3539799 Nelly Hp: 018-2529899

Note:

- The centre is closed on Sunday, Public Holiday & Church Holy Days of Obligation.
- Love-offering for the church will be collected from our clients.

OPENING HOURS

Church Offices	SJC Parish Office	SJC Catechetical Office	Parish Library & Archdiocesan History Gallery
Monday to Friday	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	8:00 am - 12:00 noon, 2:00 pm - 5:00 pm	9:00 am - 12:00 noon, 1:30 pm - 5:30 pm
Saturday	8:00 am - 12:00 noon, 2:00 pm - 4:30 pm	8:00 am - 12:00 noon	2:00 pm - 6:00 pm
	082-423424 / 423425 (Front Office Staff: Annie / Joanna)	082-412650 (Catechetical Staff: Sarah / Ronita / Angeline)	082-420802 (Library Staff: Irene)
Contact Nos.	WhatsApp: 082-423424 OR go to https://wa.me/6082423424	WhatsApp: 082-412650	
	Email: sjcoffice@yahoo.com.my	Email: sjckch.faithformation@ gmail.com	

Note:

- The above offices are closed on Sunday, Public Holiday & Church Holy Days of Obligation.
- For sick calls after normal office hours, please contact Hp: 016-8922633.

HOLY CROSS CENTRE (located at No. 681, Lorong 1, Jalan Bayor Bukit, Tabuan Jaya, 93350 Kuching. Tel.: 082 363945) is open every Monday, Tuesday and Wednesday from 9:30 am till 12:30 pm. Wearing face mask is compulsory. Praying over and consultation will be done at the porch area. (The centre is closed on public holidays, major church feast days, or otherwise informed.) The Holy Cross Ministry's weekly Fellowship is held every Tuesday from 7:30 pm to 9:00 pm at Sts. John & Lucy Conference Hall, Level 2, A.C.C.P.C. (except on public holidays).

DAILY MASS & HOLY HOUR SCHEDULE

Venue	Daily Mass	Holy Hour
Carmelite Chapel	Monday - Saturday, 7:00 am (English)	Friday, 7:30 pm (English)
Weekday Chapel, St. Joseph's	Monday - Friday, 5:30 pm (English)	-
Cathedral		

WEEKEND MASS SCHEDULE

Venue	Day	Time	Language	Remarks
	Saturday	6:00 pm	English	• Car park in front of the
St. Joseph's Cathedral		7:00 am*	English	Cathedral is RESERVED for cars ferrying elderly
	Sunday	9:00 am*	Mandarin	passengers, particularly those
		11:00 am*	BM	with special needs and thos with walking difficulty.
		5:00 pm	English	After Mass, the back gate next
Carmelite Chapel	Sunday	8:00 am	English	to the Sarawak Club will be opened for cars to exit the Cathedral compound.

^{*}Live-stream Mass.

Please go to https://www.facebook.com/arch.kuching

IMPORTANT REMINDER

Please do not attend Holy Mass in Church if you feel unwell with fever, cough, sore throat or flu-like symptoms. Stay home and follow the live-streamed Mass instead.

GENERAL REMINDER

Parishioners are reminded to show reverence to the Lord and consideration for others as follows. We seek your kind cooperation and understanding so that we can all worship comfortably as a Church:

- Please arrive early and be seated at least 10 minutes before Mass begins to avoid causing unnecessary interruption or distraction.
- The sacredness of the Eucharistic celebration urges all participants to dress appropriately when entering the Church for Holy Mass and manifest the importance of what we are doing as a worshipping community.
- Wearing of face masks in Church is no longer mandatory but highly encouraged, especially in crowded and closed environment.
- Those sick with flu-like symptoms (e.g. fever, cough, runny nose, etc.) are to exercise prudence and refrain from joining the congregation in Church.

PROPER ATTIRE

T-SHIRT OR LONG SLEEVES



BLOUSE WITH SLEEVES



POLO SHIRT OR COLLARED SHIRT



KNEE-LENGTH DRESS WITH SLEEVES



JEANS OR SLACKS



KNEE-LENGTH SKIRTS



SHOES

IMPROPER ATTIRE



SLEEVELESS AND PLUNGING NECKLINES



TUBES AND RACERBACKS



SINGLETS



SHORT SKIRTS



SHORTS



CAP



SLIPPERS

WEEKLY MASS COLLECTION AND DONATIONS

Parishioners are encouraged to <u>contribute weekly</u> to help defray the Cathedral's operations and maintenance cost.

Please make your donations via S Pay Global by scanning this QR code. Verify that the recipient is 'St. Joseph's Cathedral' before confirming the transaction.

You may also drop your weekly donations into the big wooden Collection Boxes placed at the Cathedral entrances OR do online transfer or cash deposit to St. Joseph's Cathedral Bank Account as follows:



St. Joseph's Cathedral

Archbishop of Kuching Saint Josephs Cathedral Maybank Bhd Account Number: 511038613081



<u>PENITENTIAL SERVICES</u> - Priest will be available to hear confessions half an hour before the Sunset and Sunday Masses at the Blessed Sacrament Chapel. Please maintain physical distancing and do not congregate at the area while waiting for your turn to make your confession.

Kindly adhere to the following SOP. Penitents are to:

- ☑ Keep face mask on at all times.
- ☑ Be well-prepared to make confession without undue delay.
- ☑ Perform penance after returning to seat in the Church.
- ☑ Bring own hand sanitiser.

THE NOVENA DEVOTION TO OUR LADY OF PERPETUAL HELP is held every Saturday at 5:00 pm before the 6:00 pm English Sunset Mass at St. Joseph's Cathedral. All are welcome. Those attending only the Novena are to be seated at the loft opposite the Choir. Parishioners can also submit your petition request or letter of thanksgiving through the google online form at https://forms.gle/oTqtZMQsr1hC5PDr6.

ONLINE CALVARY HOUR OF MERCY

Day	Language	Time	Zoom link
Sunday	English	2:55 pm - 4:00 pm	https://us02web.zoom.us/j/86178307498? pwd=UVZ6MTdJSmRyeDZwUTMweC95U
Monday	English		FBDdz09
Tuesday	Mandarin	, p	Meeting ID: 861 7830 7498 Passcode: prayhour



3 O'CLOCK

HE HOUR OF **GREAT MERCY YOU are invited to our Daily Devotion to** THE DIVINE MERC

Venue: Day Chapel, St. Joseph's Cathedral Time: 3pm

DIVINE MERCY PROMISES

"...you can obtain everything for vourself and for others for the asking: it was the hour of grace for the whole world."

"... Through the CHAPLET you will obtain everything. if what you ask for is compatible with My will."



"By means of this IMAGE I shall grant many graces to souls. It is to be a reminder of the demands of My mercy, because even the strongest faith is of no avail without works."

fell me about everything, be sincere in dealing with Me, reveal all the wounds of your heart. I will heal them, and your suffering will become a source of your sanctification.

A suffering soul is closest to My Heart."



<u>DONATIONS</u> FOR THE UNDERPRIVILEGED - Please continue to support the Catholic Welfare Services financially as we minister to the poor and needy in our midst irrespective of race or creed. Parishioners may donate to C.W.S. via S Pay Global by scanning this QR code. Verify that the recipient is 'Catholic Welfare Services' before confirming the transaction. Parishioners may also do online transfer or cash deposit to the following:



Catholic Welfare Services

Catholic Welfare Services Council Sarawak
Maybank Bhd Account Number: 511234019806

Please contact or WhatsApp **Ms. Angelina William Hp: 010-6581641 / Tel: 082-241407** once you have made the donation. Tax Exempt Receipts will be issued accordingly.

<u>BAPTISM OF BABIES</u> is conducted in English or Bahasa Malaysia in the Cathedral. Parents with babies to be baptised are to register online at https://formfaca.de/sm/y2oT0Qf_P and upload the scanned copy of all the required documents stipulated below:

Parents	Sponsor (Godparent)
✓ Your child's Birth certificate or	✓ MyKad (or Passport)
Adoption certificate	✓ Baptismal certificate
✓ MyKid (if any)	✓ Confirmation certificate
✓ Family Record Book	✓ Family Record Book or
	Marriage certificate (issued by Catholic Church)

Only Parents who have submitted complete set of the required documents will be accepted and the Parish Office will inform you when and where to attend the Rite of Baptism in due course. You will then be required to send in your original Family Record Book for updating before the actual rite.

According to Canon Law # 874, a Sponsor (Godparent) must be a baptised, confirmed and practising Catholic. If married, his / her marriage must already be blessed in the Catholic Church. (This does not apply to those who were not Catholics [both husband & wife] at the time of their civil marriage).

<u>THE SSVP THRIFT SHOP</u> is open **every Sunday** from **10:00 am to 1:00 pm**. All proceeds will be for the poor and needy. Please support!

REMINDER TO ALL DONORS

Kindly donate goods & clothing that are in decent and sellable condition to the SSVP Thrift Shop. Your kind understanding and cooperation is greatly appreciated.

SARAWAK GENERAL HOSPITAL (SGH) APPEAL FOR BLOOD DONATION

Parishioners are encouraged to donate blood at **SGH Blood Bank anytime from Monday to Friday**, **7:30 am till 4:00 pm**. For inquiries, please call the SGH Blood Bank Tel. No.: 082-276797 or 010-8578909 (Mr. Borhan).



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- 3. Enter your email
- 4. Click the link in your email
- 5. You're in! No more passwords!

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- 1. Go to FORMED.org/signup
- Enter your parish zip code or name to select your parish
- 3. Enter your name and email

Zip code: 93000

Parish: Archdiocesan Curia and Cathedral Pastoral Centre

Visit FORMED.org or search for "Formed" on your favorite app store

<u>FORMED: FREE ONLINE CATHOLIC FAITH RESOURCES</u> - Please refer above for instruction to register for free at <u>FORMED.org/signup</u> and download the <u>FORMED</u> App to your phones where you can access the best Catholic audio talks, Christian movies, e-books and study programs at your fingertips to help you grow in your faith, in relationships with family, find deeper peace with God and share your belief with others.